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BY IRIDIAN CASAREZ

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NCJ CONTENTS

- 4 Mailbox
- 4 Poem
BOTH
- 8 News
Eureka Looks to Discipline Five Officers After Texting Probe
- 10 News
The Atomic Priesthood, Giant Rutabagas and What's Next for Humboldt's Decommissioned Nuke Plant
- 13 NCJ Daily Online
- 14 On The Cover
'A Paradigm Shift'
- 20 On the Table
Old Town Coffee and Chocolates Up for Sale
- 22 Get Out!
A Feast for Feathered Friends
- 23 Fishing the North Coast
Coastal Rivers Primed for Steelhead
- 25 Calendar
- 30 Home & Garden
Service Directory
- 31 Screens
Going Home Again
- 33 Cartoon
- 33 Washed Up
Seal Spotting and Santa
- 34 Sudoku & Crossword
- 34 Workshops & Classes
- 37 Classifieds



Seals with a steelhead in Mad River. Read more on page 33. Photo by Mike Kelly

On the Cover
Photo illustration by Jonathan Webster, photograph by Mark McKenna.

NCJ

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PUBLISHER
Melissa Sanderson
melissa@northcoastjournal.com

NEWS EDITOR
Thadeus Greenson
thad@northcoastjournal.com

ARTS & FEATURES EDITOR
Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

DIGITAL EDITOR
Kimberly Wear
kim@northcoastjournal.com

STAFF WRITER
Iridian Casarez
iridian@northcoastjournal.com

CALENDAR EDITOR
Kali Cozyris
calendar@northcoastjournal.com

CONTRIBUTING WRITERS
John J. Bennett, Simona Carini, Wendy Chan,
Barry Evans, Mike Kelly, Kenny Priest

PRODUCTION MANAGER
Holly Harvey
holly@northcoastjournal.com

ART DIRECTOR
Jonathan Webster
jonathan@northcoastjournal.com

GRAPHIC DESIGN/PRODUCTION
Heidi Bazán Beltrán, Dave Brown, Miles Eggleston,
Rory Hubbard, Jacqui Langeland
ncjads@northcoastjournal.com

ADVERTISING MANAGER
Kyle Windham
kyle@northcoastjournal.com

SENIOR ADVERTISING REPRESENTATIVE
Bryan Walker bryan@northcoastjournal.com

ADVERTISING REPRESENTATIVE
Natalie Passen natalie@northcoastjournal.com

CLASSIFIED ADVERTISING
Mark Boyd classified@northcoastjournal.com

BOOKKEEPER
Deborah Henry billing@northcoastjournal.com

OFFICE MANAGER
Michelle Dickinson michelle@northcoastjournal.com

DISTRIBUTION/PUBLISHER ASSISTANT
Tracy McCormack tracy@northcoastjournal.com

MAIL/OFFICE
310 F St., Eureka, CA 95501
707 442-1400 FAX: 707 442-1401
www.northcoastjournal.com

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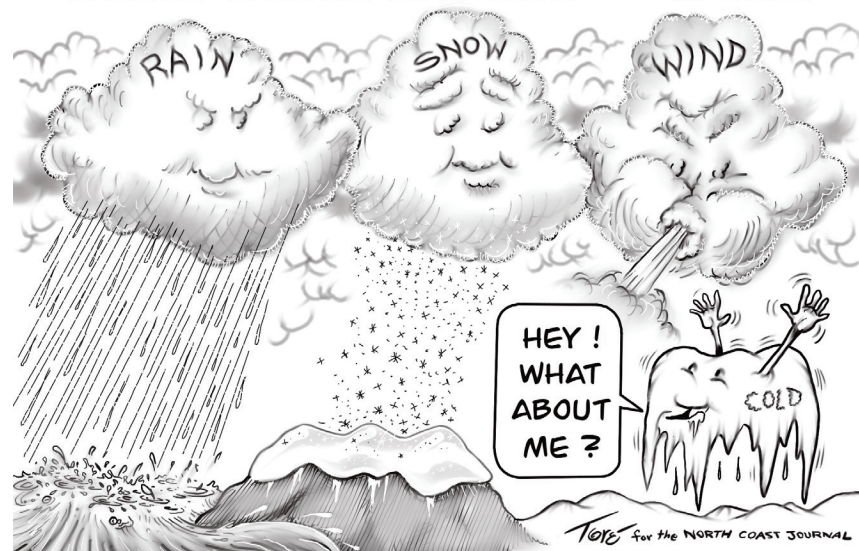
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Terry Torgerson

Not So Simple

Editor:

Is the solution and/or problem to the world's woes simple (Mailbox, Dec. 2)? Or, are these proclaimed issues rather just the stasis of the human condition? Are we evil brutes ruled by "biological" nature as Thomas Hobbes would so claim, or are we righteous and divine as John Locke would say some are? Either way, the webbing of hegemony and discrimination reaches out its branches and infects us all, giving some the belief we'd all be better off without — us. But, without us, we wouldn't be. Obviously. Unfortunately, regardless of ethical or moral code, there will be greed, destruction and ignorance, therefore humans — the greedy in particular — will never just submit to simply getting rid of us all — making this solution not simple.

Those operating in power seem to wish for the death and destruction of all persons and the planet. However, what they truly desire is more power: wealth, status and assets, for example. If power is what causes each one of our issues: racially, sexually, socioeconomically, politically and beyond, it will also be power of another kind that returns justice, equity and autonomous value to these particular issues and persons suffering at the hands of marginalization, discrimination and violence.

This power is information, education, knowledge and pedagogy. It will be the shifts in our education, present and future, that act as our "simple solution." Only — it will not be simple; it will be the most complicated intention our world can set its sights on: uplifting, changing, evolving, empowering, honoring, transforming, nurturing not only the planet, but ourselves and our interpersonal relationships as both individualistic and collectivistic classes of humans through a baseline of both ethical and representation education.

Nicole Stibbard, Sunnyvale

BOTH

We be all
Both feeder and feed,
Be we corn or puma
Or the long-limbed bittern
Posed now among the cattails,
Reluctant to be seen.

— Doug Ingold

'Yes, Please'

Editor:

What is the genesis of greed? What is the antithesis of greed?

We can explore these questions together. I read a letter to the editor in the current (Dec. 9) *North Coast Journal* — the only letter to the editor — in which Martin Smukler is thanked for his letter. He is quoted as saying, "We only have to look at the arts and humanities and our tremendous technological prowess to realize the potential of good within us."

Yes, please on realizing the potential of human goodness.

I saw a form of human goodness when I sipped at Salt restaurant in downtown Arcata. Ooo-la-la, Haute Cuisine. I hope you can get a reservation! Bon Appetite!

Maureen Angela Kane, Trinidad

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday. ●

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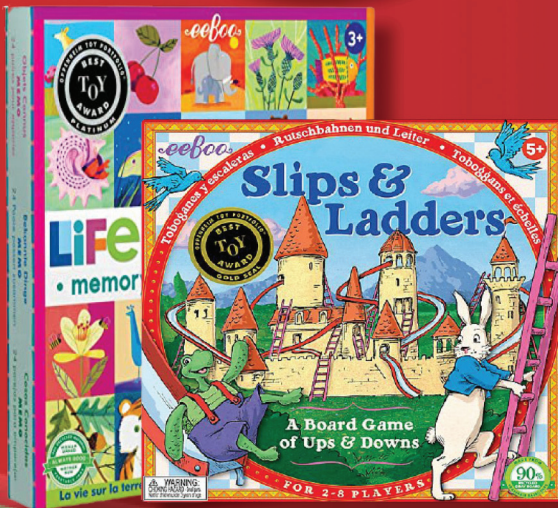
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Eureka Looks to Discipline Five Officers After Texting Probe

By Thadeus Greenson

thad@northcoastjournal.com

The city of Eureka is moving forward with taking disciplinary actions against five police officers stemming from the months-long investigation into the text messaging scandal that rocked the department earlier this year, when a unit of officers was revealed to have shared a host of vulgar, misogynistic, violent and dehumanizing text messages.

Eureka City Manager Miles Slattery told the *Journal* the five officers have been notified of the “corrective actions,” but he declined to specify what discipline was being taken or exactly what misconduct was found in the outside investigation conducted by the Bay Area law firm Sacks, Ricketts and Case. Slattery said the officers have due process protections under the Police Officers’ Bill of Rights, which allow them to first plead their cases in front of the police chief in what’s known as a Skelly conference then formally appeal any disciplinary actions the city takes.

Slattery said once those processes play out and any disciplinary actions become final, the city will work with the outside law firm Liebert Cassidy Whitmore to determine what information and records from the investigation can be publicly disclosed.

“It’s our intent to be as transparent as possible without violating anyone’s rights,” Slattery said.

While such “corrective actions” can hypothetically include everything from an official reprimand to termination, Slattery declined to say specifically what range of discipline the five officers face.

News of the city moving forward with disciplinary actions against five of its officers comes as the department is in a period of transition, with former Chief Steve Watson having stepped down from his position Nov. 30 and Capt. Brian Stephens holding the post for 30 days as acting chief until an interim appointment is made by the city.

Slattery told the *Journal* that notices

of the corrective actions were signed by Watson before he left his post, but any Skelly hearings will be conducted by Stephens or, more likely, whomever steps in as interim chief.

The department has been roiled by controversy to some degree since the *Sacramento Bee* published an explosive report in March, detailing a host of text messages sent between a group of officers led by Sgt. Rodrigo Reyna-Sanchez. (The *Journal* later confirmed the authenticity of the texts leaked to the *Bee* through California Public Records Act, which unearthed additional incendiary messages.)

The messages obtained by the *Journal* span a period of about six months in early to mid-2020, and include messages that objectify and demean women, dehumanize homeless people and seem to fly in the face of the “sanctity of life” principles that Watson repeatedly espoused for the department. Throughout the messages, Reyna-Sanchez and officer Mark Meftah are the two officers who repeatedly cross the bounds of decency, while some other officers only rarely chime in and others don’t send a single text.

While some of the texts are indicative of a kind of junior high school locker room mindset in which officers make jokes about each other’s penis size and masturbation, others are far more troubling and include jokes about the mass killing of homeless people, Reyna-Sanchez mocking a subordinate, referring to wanting “some payback” for a suspect and texting with seeming glee to tell officers that a mentally ill man who had been in a standoff with police was heading to the hospital “with several extra holes in him!!” and Meftah pleading to go to the scene of another standoff with an armed suspect because he needed “to work out some frustrations.”

In the immediate aftermath of the *Bee*’s report, the messages were condemned by the Eureka Police Officers Association,



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About 50 demonstrators gather at the Humboldt County Courthouse in March to demand the Eureka Police Department fire officers involved in offensive group text messages exposed in a *Sacramento Bee* article. Photo by Mark McKenna

Mayor Susan Seaman and Watson, who placed Meftah (who has since left the city's employment) and Reyna-Sanchez on paid administrative leave pending the investigation.

EPD Capt. Patrick O'Neill was also placed on administrative leave in May, pending the findings of an investigation, though it's unclear if that's related to or independent of the texting investigation.

Speaking generally and not about O'Neill, Slattery said when Sacks Ricketts and Case first began its investigation, some other unspecified allegations unrelated to the texting scandal were included in the scope of the inquiry, but it became "unwieldy" and was pared down. Asked whether those other allegations would be the focus of a future investigation or investigations, Slattery said it's possible.

"We don't know yet," he said.

Slattery said one thing that's come to light during his tenure as city manager, which began last year, is that EPD's disciplinary practices have historically been overly secretive, saying there have been instances when the city's human resources department didn't become aware of an allegation or disciplinary action being taken against an officer until it had already reached the Skelly hearing phase of the process.

"It is the definition of the fox guarding the hen house and that needs to change," Slattery said.

Through the texting scandal, Slattery said he believes city hall has been in better communication with all levels of EPD employees than in the past, with the

department's employees urged to come to him or the human resources department if they feel there are issues that are not being addressed.

Regarding the Sacks Ricketts and Case investigation, Slattery said it went "all the way up the ladder," looking not just at "certain people who were accused of things" but also "who knew about this and was there anything done about it." Watson previously told the *Journal* that he explicitly asked investigators to look at his leadership and that of the department's command staff and they "found no issues there." Both Slattery and Watson have described the Sacks Ricketts and Case report as "comprehensive" and "thorough."

It's very unclear, however, what parts — if any — will be released to the public.

Police officer misconduct and disciplinary records enjoy far-reaching confidentiality protections under state law and generally cannot be disclosed to the public. Senate Bill 1421, which went into effect in 2019, mandated that records pertaining to investigations of police shootings and uses of force that cause great bodily injury shall be made public, as shall records related to sustained findings of officer dishonesty or sexual assault while on duty. Senate Bill 16, which was signed into law this year and takes effect Jan. 1, would require cities to release records related to sustained findings of unreasonable or excessive force, an officer's failing to intervene when another is using excessive force, and an officer making an unlawful arrest or conducting an unlawful search. S.B. 16 also requires departments to release

sustained findings that an officer made statements or writings "involving prejudice or discrimination against a person on the basis of race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender, gender identity, gender expression, age, sexual orientation or military and veteran status." Departments will, however, have until 2023 to release documents relating to incidents and investigations that took place before Jan. 1.

Not knowing exactly what the sustained findings are from the texting investigation, much less whether they will hold up to various appeal processes should the five officers challenge them, it's difficult to say how S.B. 16 might apply.

When or if the city's proposed corrective actions are made final, Slattery said he and City Attorney Bob Black, with S.B. 16 in mind, will get input from Liebert Cassidy Whitmore on what information the city can release publicly under the law from the texting investigative report.

"I think everybody involved from the decision-making level will want to be as transparent as possible, but we also need to make sure we're not violating anyone's rights or exposing the city to unnecessary liability," he said. ●

Thadeus Greenson (he/him) is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson



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The Atomic Priesthood, Giant Rutabagas and What's Next for Humboldt's Decommissioned Nuke Plant

By J.A. Savage

newsroom@northcoastjournal.com

Humboldt's nuclear power plant is strictly prohibited by federal authorities (Nov. 4), celebration of the final decommissioning of the reactor site at King Salmon Nov. 18 was cut short. After environmentalists put down their sparkling beverages, they suddenly realized that with decommissioning done and the feds basically out of the picture, there's no reliable entity to take over the task of ensuring public health and environmental safety from radioactive waste.

Never fear, notes the Nuclear Regulatory Commission. The incredible design of the containers for high-level radioactive wastes stored on a bluff at Buhne Point won't cause us local humans, our ocean or our critters to glow in the dark. The agency has ruled out deleterious effects of tsunamis, earthquakes and sea level rise on the containers holding the radioactive waste. For now. But, it says, ask again in a few decades.

Unfortunately, the high-level waste at the site is expected to be toxic for more than 100,000 years, while the casks holding in the radioactivity at the site have a "design basis" to last 60 years.

Radioactive "dose rates" at the Humboldt nuclear storage site will be "as low as reasonably achievable" and "decreasing over time due to the decay of the fuel sources stored inside," according to a November 2021 federal

nuclear commission report. "There is no credible event that could cause an increase in dose rate from" the facility. "Low," in the case of regulator-speak, means "making every reasonable effort to maintain exposures to ionizing radiation as far below the dose limits as practical."

Why be concerned about Humboldt's nuclear waste? Because it's one of the most toxic substances on earth. It can be breathed in, swallowed or assimilated just by exposing some skin. Scientists report that once inside the body, it emits alpha, beta and gamma particles. Those in turn, ionize molecules and start breaking up chemical bonds, damaging a body's cells. It wreaks havoc, particularly, on DNA molecules.

Federal regulators exude confidence that no radiation will leak out, even with the stormy Humboldt Bay shoreline, which sees constant "small craft advisories," sea-level rise and harsh weather. The storage facility is deemed so impervious that regulators are only requiring the area to be monitored for radiation for another six months, saying there's "no need" for continued monitoring. "There's no accident scenario," that would lead to a radiation release, said David McIntyre, a spokesperson for the Nuclear Regulatory Commission.

For instance, the worst-case tsunami at high tide considered by regulators would

stop 1 foot below the top of the storage vault holding the canisters of nuclear waste, according to a November 2021 analysis by the Nuclear Regulatory Commission. The vault sits 44 feet above mean high tide. And if the canisters do get dunked, they're "designed to withstand the static pressure forces from submergence in 656 feet of water," according to the November filing, which reviewed a myriad of tests on the devices.

But Jennifer Marlow, an assistant professor in Humboldt State University's Department of Environmental Science and Management, doesn't quite believe those promises. She is "particularly concerned" about tsunamis overtopping the rock seawall along Buhne Point, "rapidly eroding the 115-foot shoreline buffer, inundating the [canisters] with saltwater, cracking the casks and causing radioactive leakage," as she warns on her website www.44feetabovesealevel.

"By 2065, Humboldt Bay is projected to experience 3.3 feet of sea-level rise, which will flood the low areas around the [waste site] during king tides, turning it into an island that will be vulnerable to wave erosion and saltwater intrusion, and difficult to access for waste management and relocation," she writes.

But even if all the federal safety projections are true, the government is only relying on them for the next 40 years, about the time that Marlow fears the site will be swimming. "PG&E had to show that aging wouldn't impact the safety function" of the storage site to get federal approval, according to McIntyre. PG&E is required to be watchful of "aging management" until its current federal license for waste storage expires in 2060. Then, "PG&E will have to take action prior to 2058 (timely renewal requirements) either to apply for an additional license renewal or move the fuel offsite to another storage/disposal facility," he added in an email.

No matter how federal regulators are viewed — whether complicit in hiding the nuclear industry's shameful secrets, or cham-

pions keeping the industry from carelessly contaminating entire regions — the courts have forbidden states like California from stepping in to protect us from radioactivity. Instead, state agencies can only nibble around the edges of the issue. The California Public Utilities Commission can make sure some money is set aside for future safety needs. The California Coastal Commission can also require permits to shore up the site if and when it starts slip-sliding into Humboldt Bay.

While the state has appeared more than willing in the past to take on the responsibility for public health and safety of nuclear plants, the U.S. Supreme Court ruled in the 1970s that California, and others, had to keep its hands off of anything with radioactivity — keeping the public safe from toxic radiation is solely in federal jurisdiction under the "supremacy clause." In context, it was an era of widespread nuclear power plant development and, at the time, California was looking for ways to halt construction of more nuclear plants along its coast.

It was also a time when the radioactive waste from all the nukes in the nation was all supposed to be gathered up and sent to a forever burial site somewhere in the desert. That never happened. It's unlikely to happen in the future. So putting all the power over health and safety at the federal level means once the Nuclear Regulatory Commission deems decommissioning is done, there appears to be a very little in the way of continued oversight. Federal regulators are also subject to the whims of changing presidents because the commission itself is comprised of political appointments.

Now that the Nuclear Regulatory Commission is only watching the decommissioned Humboldt site from afar, the gravity of that lack of radioactive watchfulness has yet to ripple its way to the few policy makers who could try to mitigate it. When and if the state government decides to address any potential threats from long-term waste storage on the bay, it will have to find creative ways to look out for safety through financing and permitting — the two areas the state is allowed to influence nuclear power. So, while the state's hands are zip-tied as far as keeping us locals safe from radiation, there's just a little wiggle room under the restraints.

The California Public Utilities Commission is one avenue for wiggling into public safety, but it's restricted to making sure PG&E has the money to accomplish cleaning up and meeting safety requirements. Regulators were most anxious to make sure there is enough money to pack up PG&E's more notorious nuke site, Diablo Canyon. Humboldt was, at best, an afterthought, with the commission providing \$3.9 million a year for PG&E's continued work at the plant at its Sept. 9 meeting. Humboldt's decommissioning so far

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has cost ratepayers \$1.1 billion.

With the Public Utilities Commission limited to policy covering financial where-withal, the last established place the public can look for long-term responsibility is yet another commission — the California Coastal Commission. And while that entity can't touch health and safety issues either, it has a backdoor to protect against environmental hazards.

The Coastal Commission's superpower is permits. It's well known to anyone who's attempted to modify an existing home or structure, cut trees or build along Humboldt's coastline that the Coastal Commission can regulate the hell out of the permitting process. And in so doing, it can address at least some safety issues from the structures, erosion and other physical surroundings shoring up the radioactive waste site.

When the Coastal Commission permitted PG&E's nuclear waste storage in 2011, it required the utility to measure the bluff holding up the waste storage casks. "If erosion gets to a certain point, it triggers a return to the commission," Tom Luster, Coastal Commission environmental scientist, said. Specifically, he referred to the decade-old permit conditions for the structure that note if the slope shows "any horizontal or vertical movement of the bluff slope or edge of 2 feet or greater" in five years' time, the utility has to keep a closer eye on it, reporting to the state on the slope's condition annually. If the slope crumbles, like what happened to the bluffs at Big Lagoon, PG&E would have to report immediately to the Coastal Commission and would be expected to fix it. If you haven't walked the county beach at Big Lagoon to witness what can abruptly happen to structures once a bluff decides to crumble, this reporter's personal experience is that one day there's a house on a wide bluff, the next day a house teetering on the edge.

Bluntly, the Coastal Commission appears far more worried than federal regulators about the vulnerability of the waste storage site. The area, noted a commission analysis, "has experienced one of the highest coastal erosion rates documented in the state, [and] is only protected from that erosion by a re-tvetment that has required extensive maintenance in the past, and will only remain safe in the future with continued maintenance and, perhaps, expansion of the coastal armoring."

"If monitoring results for any reporting period indicate slope movement that may require additional measures to

protect the development, [PG&E] shall submit a coastal development permit application," state regulators noted in their 2011 waste storage permit. That's where the Coastal Commission can wave its permit super cape to try to safeguard the public.

But if none of the state and federal com-

missions can come up with a very long-term policy to keep radioactive waste at the edge of Humboldt Bay bottled up for hundreds of thousands of years, there's also the unprecedented and frightening academic concept of creating a Nuclear Ministry of the Future, the Atomic Priesthood.

The Atomic Priesthood concept originated when "atomic" energy was assimilated into America as a positive force after all the negative publicity from the atom bombs at Hiroshima and Nagasaki, Japan, in World War II. A "religion" could be created around nuclear waste sites so information about their hazards could be passed through generations, no matter the change in language or politics.

The federal government at Sandia National Laboratories was trying to invent a visual code that humans hundreds of thousands of years in the future would be able to interpret as a warning not to dig up the site. According to its chief advocate, biosemiotician Thomas Sebeok, nuclear waste information would be "passed on into the short-term and long-term future with the supplementary aid of folkloristic devices, in particular a combination of an artificially created and nurtured ritual and legend."

The main component of the Atomic Priesthood would be that "the uninitiated will be steered away from the hazardous site for reasons other than the scientific knowledge of the possibility of radiation and its implications; essentially, the reason would be accumulated superstition to shun a certain area permanently." The concept was feared to be too cult-like by President Ronald Reagan's administration, and thus rejected. But it has retained at least some interest into this century by another federal agency, the U.S. Department of Energy's Waste Isolation Pilot Plant, which buries lightly radioactive debris in the salt mines near Carlsbad, New Mexico.

With or without an Atomic Priesthood, the land that formerly hosted the reactor itself next to Humboldt's waste storage site could be open to the public at some point. The Nuclear Regulatory Commission's suggested use is farming.

What might grow next to a radioactive waste storage site isn't clear. Humboldt's soil is proven to grow giant sinsemilla, acres of quinoa and award-winning rutabagas. Neither PG&E, nor federal regulators could offer an example of what, if any, crops are now grown on other former nuclear power plant sites. But if an Atomic Priest and a giant rutabaga walked into a bar ●

J.A. Savage's (she/her) perfect public utility would be forthright and honest; responsible to its ratepayers and the environment. That, and airborne pigs and unicorns would thrive in her Eureka backyard.

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EPD Makes String of Murder Arrests

One day before the fifth anniversary of 18-year-old Jennika Lee Suazo being found dead in a P Street residence where she lived, the Eureka Police Department announced 34-year-old Anthony Lee Hamilton has been charged with her murder.

According to a Dec. 8 news release, Hamilton has been in custody on unrelated charges since 2017.

News of the murder charge kicked off what would become a banner week for seemingly cold homicide investigations within Eureka city limits.

The Eureka Police Department handed Hamilton's case over to the Humboldt County's District Attorney's Office in May.

"Thank you to Jennika's family and friends for their patience over the last five years," EPD Senior Detective Amber Cosetti said in the release. "Your love for Jennika was strong throughout the entire investigation."

Suazo was found dead by her roommates on Dec. 9, 2016, and her death was considered at the time to be suspicious. Results of an autopsy later determine her cause of death to be asphyxiation.

Hamilton is currently serving a 40-year sentence at Corcoran State Prison for the attempted murder of a Del Norte County Sheriff's Office deputy, as reported earlier by Redheaded Blackbelt.

According to a 2020 Court of Appeal opinion, which affirmed his conviction a

year earlier, Hamilton was attempting to evade CHP officers with another person and they both ditched the vehicle when the pursuing officers lost sight of them.

"Deputy Sheriff Joseph Aguirre arrived at the location of the vehicle and saw defendant running through a grove of trees. He turned on his body camera and, with his weapon drawn, began searching for defendant," the opinion states in describing the background of the case. "The deputy saw him in heavy brush, and as he reached for his radio microphone to notify other officers of defendant's location, a gunshot came from the brush and struck his left wrist and his radio microphone and then penetrated his left shoulder. He fell, returned fire, sought cover, and broadcast that shots had been fired."

According to the background section, two officers heard the gunshots and ran to the deputy's location, where all three continued to "fire in the defendant's direction."

"When they were able to approach him, they found (Hamilton) lying on the ground with a revolver next to him, two rounds having been fired and four live rounds remaining," the opinion states. "Defendant suffered multiple gunshot wounds."

In that case, Hamilton is not eligible for parole until 2047, according to the California Department of Corrections and Rehabilitation.

Humboldt County District Attorney Maggie Fleming told Redheaded Blackbelt that she contacted Jennika's mom on

the day of the arrest to tell her about the charges against Hamilton.

"I have let the family know it may take a bit of time for the defendant to be arraigned because he is in prison for attempted murder and COVID restrictions may delay his return to the Humboldt County Correctional Facility," she said.

The day after the press release announcing Hamilton's arrest, EPD reported it had arrested 40-year-old Jason Michael Miller — who had been in custody on unrelated charges — on suspicion of murder in the suspected death of 32-year-old Kiera Lynn Foley, who was reported missing in June and whose body has not been recovered. Then, on Dec. 13, the department announced it had arrested 23-year-old Wesley Lee Starritt — already

in custody on suspicion of committing a string of apparently random stabbings, including the alleged murder of Roger Mitchell Clark — on suspicion of fatally stabbing 56-year-old Charles Levaugh while he was sleeping in an alley near the 200 block of E Street.

— Kimberly Wear

POSTED 2.08.21 Read the full story online.

It's Cold Out There



A winter storm hit Humboldt County on Dec. 13, bringing snow down to the 2,000-foot level in Humboldt and Del Norte counties, with heavy accumulations of snow around Berry Summit, pictured here in this screenshot from a traffic cam. Chains were required on various locations in higher elevations. Things were expected to warm a bit, but rain was in the forecast for the duration of the week as the *Journal* went to press Dec. 14. POSTED 12.14.21

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Earthquake Cluster: More than 50 earthquakes were recorded on one of the region's most active faults off the coast of Oregon over a 24-hour period Dec. 7 and Dec. 8. The Blanco Fault saw the cluster of quakes occur in an area 240 to 290 miles offshore between Salem and Medford. The Redwood Coast Tsunami Work Group advised that the temblors posed a good reminder to prepare for the big one. POSTED 12.08.21

Masks Mandated: Beginning on Dec. 15, people throughout California will once again be required to wear masks indoors in public places, regardless of vaccination status. The mandate doesn't change much in Humboldt County, where masks have been mandated inside since August due to high rates of COVID-19 infection. State officials said the move was spurred by a 47-percent uptick in cases statewide since Thanksgiving and the emergence of the Omicron variant. POSTED 12.13.21

Clintons Stop By: Former U.S. Secretary of State, Senator, Democratic Presidential nominee and first lady Hillary Rodham Clinton spent some time in Humboldt County last weekend, and even hit up a local food truck. Humboldt County Sheriff William Honsal confirmed Clinton was in town with her daughter Chelsea, reportedly to do some filming for a documentary featuring Yurok Tribal Court Chief Judge Abby Abinanti, which took the pair to Sue-meg State Park. POSTED 12.14.21

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Digitally Speaking

13.6%

Humboldt County's COVID-19 test-positivity rate through the first 14 days of December, nearly double the national average of 7.2 percent and more than six times the state average of 2.2 percent. POSTED 12.14.21

They Said It

"Everyone understands that redistricting is an ugly process no matter who does it, but what I'm seeing here is amateur sausage-making."

— Steven Maviglio, a Sacramento-based Democratic consultant on the commission facing accusations of secrecy as its Dec. 27 deadline to redraw congressional and legislative maps approaches POSTED 12.08.21

Comment of the Week

"This is one of the most moving COVID-19 stories I've ever read. Detailed, sensitive and an ending that is just goddamn brutal. Even for the pandemic weary, this one's worth your time."

— Sacramento Bee investigative reporter Jason Pohl on Twitter sharing a link to last week's *Journal* cover story, "Re: JUST SAYING GOODBYE," POSTED 12.13.21

Evan Buxbaum and
Constance Mitchell
have championed the
integration of trauma-
informed care at Redwood
Pediatrics in Fortuna.
Redwood Pediatrics



‘A Paradigm Shift’

Local physicians screening
for ACEs have seen an
adjustment in pediatric care.

By Iridian Casarez
iridian@northcoastjournal.com

Within the past year Mike Mangahas, a pediatrician at Open Door Community Health Clinic in Eureka, has seldom prescribed medications to patients with serious behavioral issues. Instead, he’s using information from a survey about patients’ childhood traumas — known as adverse childhood experiences, or ACEs — to inform a more holistic model of care.

“I have been prescribing a lot less psychotropic medications and it’s been easier to tease out, for example, if I should start a kid on ADHD medication or not,” Mangahas said. “So, if a kid screens positive for ACEs and behavioral health concerns, I’ll be very conservative and work on supporting exercise and nutrition and relationships and kind of all the stress-busting stuff that [California Surgeon General] Nadine Burke Harris talked about in her report first, and if that’s not working or there’s significant impairment at home or school, then that’s when I start medication. For me, it’s made it a lot easier for me to feel comfortable not jumping to meds.”

Over at Redwood Pediatrics in Fortuna, pediatrician Evan Buxbaum and his team are doing the same, taking a more holistic approach with an understanding of the underlying causes of many medical conditions.

“We all have these kids in our practices that come in with one complaint or another and you can give antibiotics for an ear infection, or a sinus infection, or pneumonia, or you can try to address chronic aches and pains, but understanding the root cause of those symptoms and being able to address the toxic stress in the child’s life is a paradigm shift in pediatrics and allows us to start to address the whole child in a way that simply treating symptoms doesn’t,” Buxbaum said.

Over the past five years, there has been a shift in pediatrics as providers increasingly understand how both childhood trauma and toxic stress affect child development (“Reaching for Resilience,” Oct. 1, 2020). Systems and practices are changing to be more empathetic and understanding, as the state Surgeon General’s Office is working to reduce extreme levels of toxic stress, urging doctors and providers to find patients who may be at risk of toxic stress by determining what childhood traumas they’ve experienced.

“In pediatrics, we are concerned with developmental milestones and the factors in a child’s life that affect their development and growth,” Buxbaum said. “I think that I, like a lot of people, was introduced to [the initial] study and to the profound influence that ACEs have on child development through the work of Nadine

Burke Harris. We all had that moment of recognition that we were under-emphasizing adverse childhood experiences in the consideration of childhood wellness and diseases.”

The U.S. Centers for Disease Control and Kaiser Permanente quantify “adverse childhood experiences” with 10 different categories of stressful traumatic experiences including: experiencing sexual, emotional and physical abuse, or emotional or physical neglect; living in a household with someone who suffers from mental illness, domestic violence, substance abuse or divorce, or having an incarcerated relative. Each experience is called an “ACE,” with the cumulative total known as a person’s ACEs score on a scale of one to 10. If children experience more than one ACE, they could be at increased risk of toxic stress.

As both physicians referenced, Harris has dedicated her career to learning exactly how childhood trauma and stress affect children’s growth, and how to help families avoid and reduce stress.

Through the Center for Youth Wellness in 2014, she found that when children are exposed to various stressful situations, their bodies create an overwhelming amount of cortisol, the body’s stress hormone, putting them in a constant fight or flight mental state, which has been linked to higher rates of unhealthy conditions

in adulthood, like heart disease, diabetes and substance abuse, among others, which are now known as “ACE-associated health conditions.”

The CYW report found that Humboldt and Mendocino counties combined have the highest rate of childhood trauma in California, with roughly 75 percent of residents having experienced one or more ACEs and 30 percent having experienced four or more.

Harris found the best way to overcome toxic stress is to first teach children and adults the coping skills needed to manage stress in healthy ways, like forming and maintaining relationships, exercising and eating well. She also noted another way to help reduce stress in families would be to provide them with needed social services, like access to food, secure housing, parenting classes, counseling and more.

Since the release of the CYW report, Humboldt County has been working to reduce its high rates of childhood trauma. School systems are enacting more empathetic approaches to discipline, while other organizations are creating more resources for families and kids in need, like the Humboldt Independent Practice Association’s School Based Health Center in McKinleyville, which offers group counseling and mentors for its students.

One of the best ways to create a

trauma-informed practice that treats the underlying problems that can lead to poor health in adulthood is to directly ask children what they've experienced using a survey.

In December of 2019, the California Surgeon General Office's ACEs Aware Initiative created a training program to certify providers to ask their patients about childhood trauma. As an incentive, the state is reimbursing providers with a \$29 payment for conducting the surveys of all patients with full-scope Medi-Cal.

The initiative has trained more than 20,500 California clinicians, including roughly 65 Humboldt County providers, 16 of whom have become certified and can receive reimbursements for ACE screenings, including Buxbaum and Mangahas.

Both said the screenings have made a huge difference.

"Once we started to recognize the degree to which adverse childhood experiences affect growth and development, performance in school, frequency of illness, ability to bounce back from illness and overall well-being, we recognized the importance of identifying and following, over time, these ACE scores," Buxbaum said. "It has dramatically affected our practice. It has dramatically improved our practice in that at every visit we have the opportunity to address those root causes that prevent children from thriving."

Both physicians use the state's survey, known as the Pediatrics ACEs and Related Life-events Screener (PEARLS), to ask patients about the stressful situations they've been in. It asks about all 10 of the adverse childhood experiences, as well as related life events, like experiencing discrimination or food and housing insecurity.

When a patient and their parents visit Redwood Pediatrics, they are now asked to fill out the PEARLS survey, with questions like: "Has your child ever lived with a parent/caregiver who went to jail/prison?"; "Has a parent/caregiver ever insulted, humiliated or put down your child?"; "Has your child ever seen or heard a parent/caregiver being screamed at, sworn at, insulted or humiliated by another adult? Or has your child ever seen or

heard a parent/caregiver being slapped, kicked, punched, beaten up or hurt with a weapon?"

Buxbaum said he rarely receives negative reactions from parents and caregivers when he asks them about these traumas.

"We thought we were going to experience a lot of pushbacks," he said. "These are very personal questions, and they speak to the deepest traumas in families — sometimes the traumas that people don't even talk about among themselves. But it's been surprisingly rare that people have been unwilling to talk about these questions. ... Most parents open up and are really very willing to discuss the issues that come up. It's been rare that people

push back and don't want to be vulnerable."

Instead, Buxbaum said, it initiates important conversations.

They discuss the impact these experiences have on children, the science of toxic stress and what it does to growth and development. Then they address which traumatic experiences the child has been exposed to and, if the trauma or life event calls for a referral to any outside organization, Redwood Pediatrics' referral coordinator works with families to get the needed services.

For example, if a child comes to Buxbaum with belly pain and his office has ruled out all medical health conditions causing it, they will check the child's medical chart and PEARLS survey to determine how much trauma

they've experienced. If they find the child has an ACEs score higher than four, that belly pain is probably stemming from stress. The next step would be to help the child navigate and cope with the stress they are experiencing.

Buxbaum said the survey has also given his teenage patients the opportunity to talk about the emotional and mental health challenges, like depression and anxiety, they may be facing, adding that when it's appropriate, his office refers patients to therapists or other mental health professionals.

For now, at Open Door, Mangahas is only screening children 4 years old and younger, expecting and new mothers and children with behavioral issues. He has the

Continued on next page »

"It has dramatically improved our practice in that at every visit we have the opportunity to address those root causes that prevent children from thriving."

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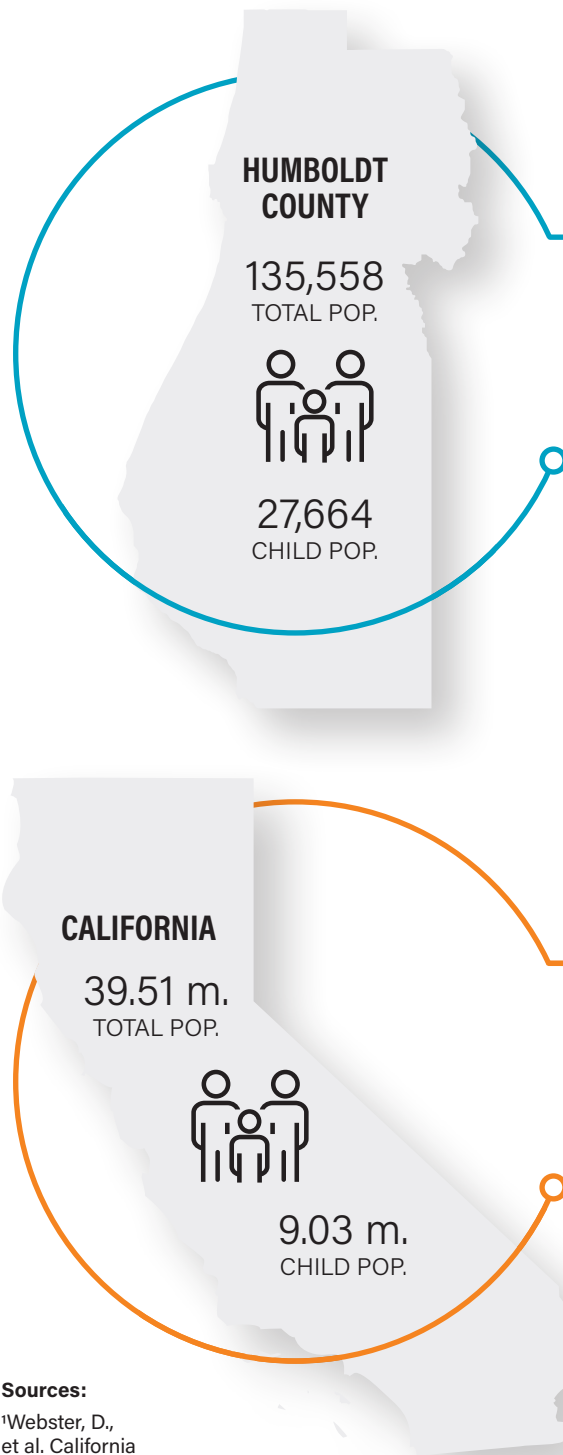


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The Costs of Childhood Trauma

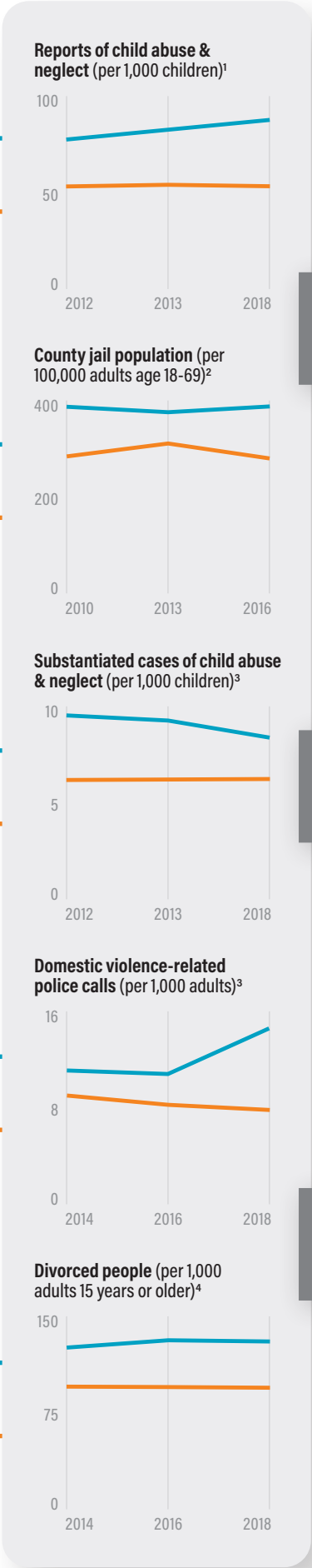
Disparities associated with the prevalence of Adverse Childhood Experiences in Humboldt County and California over the last decade correlated with disparities in the rates of commonly associated health outcomes today.



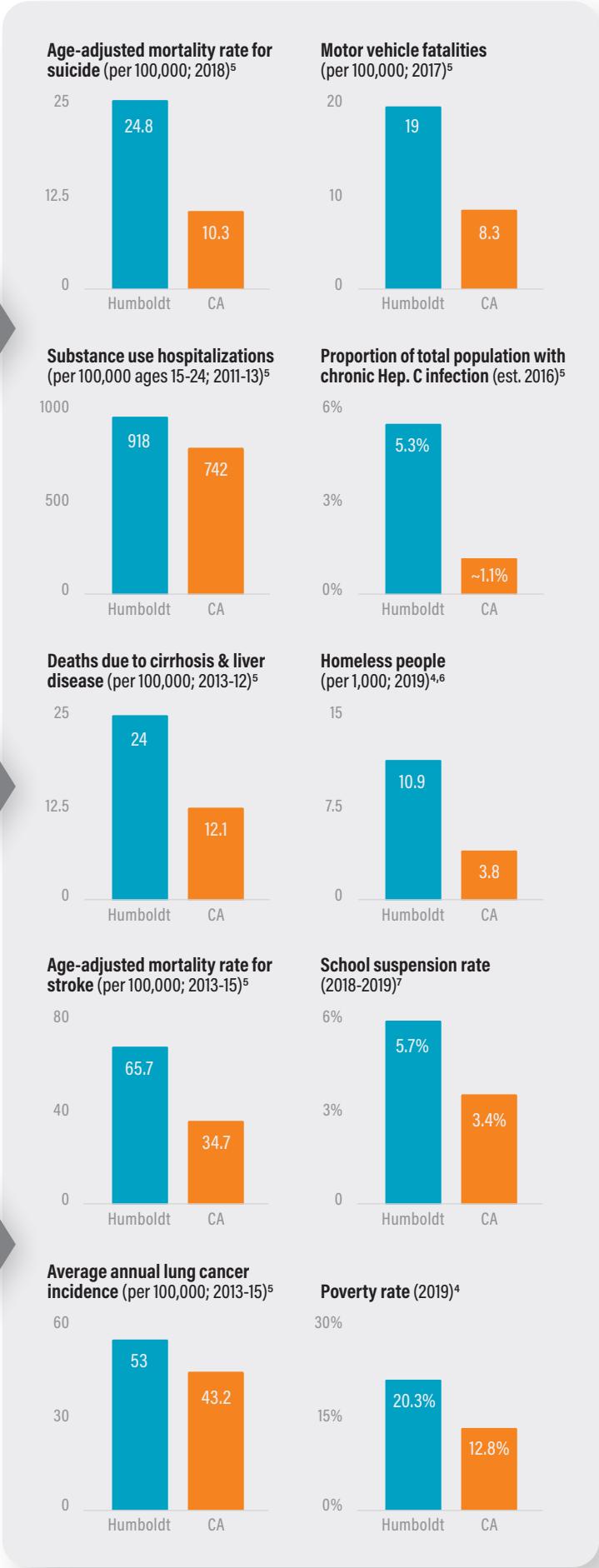
Sources:
¹Webster, D., et al. California Child Welfare Indicators Project Reports, UC Berkeley Center for Social Services Research; ²California Sentencing Institute; ³kidsdata.org; ⁴U.S. Census Bureau; ⁵2018 Humboldt County Community Health Assessment; ⁶Humboldt Housing and Homeless Coalition Press Release Feb. 20, 2019; ⁷California Department of Education.

Graphic by Jonathan Webster / North Coast Journal 2020

INDICATORS



OUTCOMES



same process as Buxbaum, using the PEARLS survey and then discussing why his office is asking about these experiences, their effects and the different coping strategies to combat stress.

For example, if one of Mangahas' patients is having trouble sleeping, he talks to the parents about how stress can change sleep patterns in children and then gives different tips and tricks to help them sleep better.

Mangahas said he has noticed that the kids who come into his office with behavioral issues are more likely to have higher rates of childhood trauma and have an ACE score of four or more, usually in the eight to nine range. In the patients younger than 4 years old, roughly 15 percent have a score of four or more ACEs, while about 30 percent have a score of one or more ACE, he said.

Even though this data is extremely limited and anecdotal in nature, it is still significant, underscoring what the CYW 2014 study found: Humboldt County kids have higher rates of exposure to trauma. However, Buxbaum noted he's seeing a lot of anxiety and depression, even in patients with low rates of childhood trauma.

Buxbaum said the survey results are private and stay in patients' medical charts, adding the only data that's sent to the state simply indicates when an ACEs screening is performed.

ADVERSE CHILDHOOD EXPERIENCES INCLUDE

ABUSE

- Sexual
- Emotional
- Physical

NEGLECT

- Emotional
- Physical

HOUSEHOLD DYSFUNCTIONS

- Mental illness
- Incarcerated relative
- Mother treated violently
- Substance abuse
- Divorce

The most important part of asking patients about childhood trauma is what comes after: referrals to the proper services, whether that's teaching children coping skills, a behavioral therapist, parenting classes at a family resource center, sibling support groups or a food pantry. However, Mangahas said these referrals are almost impossible to do without a system connecting all the various local organizations.

The state has long advocated for referring patients to outside organizations for whatever they need but more recently has outlined what providers can do to make that part of the process more streamlined.

In June, the state released a report exploring the idea of creating a robust "trauma-informed network of care," which is a group of health, education and

human service professionals and community organizations that work together to provide access to resources that help prevent, treat and heal the consequences of toxic stress.

The report suggests providers themselves oversee direct referrals but, in Mangahas' experience, that hasn't worked.

"It's been really hard to figure out who to talk to and how to get information or

Continued on next page »



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NCJ ON THE COVER

Continued from previous page



check if a kid is plugged into services or not," Mangahas said. "It's really hard to talk cross-agency with people. With [First Five Humboldt Executive Director] Mary Ann Hansen ... and Open Door, we have very close relationships and talk all the time. We've been trying to do more referrals to Humboldt First Five playgroups and parent circles, and I've been trying to make more inroads through the [Humboldt Independent Practice Association] with the mental health initiative, with county mental health and with North Coast Children's Services."

The report also suggests using technology to create an efficient system, where — through a secure health data server — providers can track mental and behavioral health, or support services referrals, something that Mangahas is all for.

"Ideally, what would be great is a way for us [providers and organizations] to track on a secure server if a kid has or is being referred," Mangahas said, adding it would give master of social work students at Humboldt State University the opportunity to become case managers and learn health navigation.

Hansen sat on the state committee that put together the "Trauma-Informed Network of Care" report and has been advocating for the creation of a robust system of information exchange locally.

"It can be really hard for families, especially for families experiencing a greater burden of challenges, to access the resources they need," she said. "I think that our bureaucracies can be hard to navigate and, when you're talking about supports, you're also talking about publicly funded supports, and we can't expect a family with a toddler to know where to go for food support or behavioral health support, or if they have concerns about their child's development. We need a central point of contact for families and that's often their medical providers. ... Resources are always constantly changing and we need that sort of central depository of resources that provides clear feedback about [whether the family actually connected with the resource]. It's about being more coordinated and efficient, and also about educating ourselves about the resources in our community."

The North Coast Health Improvement and Information Network (NCHIIN) is working on North Coast Care Connect, the kind of technological platform Hansen and Mangahas are talking about that would make it easier for cross-agency communications.

"The North Coast Care Connect is our effort around community network exchange and really what a community information exchange is," said Jessica



Access to nutritious food is one of the stress-busting strategies California Surgeon General Nadine Burke Harris has promoted.

Photo by Katie Rodriguez, courtesy of Cooperation Humboldt.

Osborne-Stafsnes, grants and program development director at Humboldt Independent Practice Association, who also works alongside NCHIN. “It’s a network of partners, it’s a technology backbone to that network of partners, often [through] a shared technology system, and includes things like a resource database and referral system.”

North Coast Care Connect would make it possible for physicians, providers and organizations to both refer patients and families to outside resources — like family resource centers for parents groups, playgroups, counseling services or a local food pantry — and confirm whether the family actually reached out and used those services. Osborne-Stafsnes noted this platform would also be able to aggregate data more efficiently, providing a deeper understanding of where most needs are in Humboldt County.

“Creating a network of care in our community with a solid foundation and the technological platform will really move us forward to being more integrated, cohesive and, most importantly, accessible to families,” Hansen said.

The system hasn’t gone live yet but sister organizations NCHIN and the Humboldt IPA have been redeveloping and testing the technology for hiccups.

Osborne-Stafsnes said she thinks the enrollment process for organizations to use the platform will begin early next year.

“We want to see better health outcomes for residents locally, we want to see better efficiency across partners and, in time, we hope that we could use that aggregated data to try to understand needs more on the North Coast and plan on that,” Osborne-Stafsnes said. “I just think it holds a lot of promise and even helps people who are not in chaotic circumstances — they don’t have to jump through hoops to get the services they need. [Providers and community resources organizations are] doing their best but there’s just complexities in navigating those systems.”

This technological system would be the first of its kind locally and put the county at the forefront following the state’s and Harris’ advice on creating a robust trauma-informed network of care.

Until then, providers who screen for ACEs will have to count on in-house case managers or referral coordinators to tell patients and families where to go for the outside resources and services they need.

According to the state, more than half a million children and adults across California have been screened for childhood trauma, meaning more than 500,000 Californians have now had a conversation with their providers about how toxic stress affects their health and well-being, and hopefully, been connected with the mental health and social services they need to live a less stressful life.

In October, the California Legislature passed Senate Bill 428, the ACEs Equity Act, which will expand coverage for screening on all health insurance plans that cover pediatric services and preventive care beginning in January.

For Buxbaum, the entire process of talking to his patients about childhood trauma and stress has been enlightening.

“The effects of early childhood trauma are profound, and we’re increasingly aware of the degree to which these early childhood experiences affect health and well-being throughout our entire lives,” he said. “I believe that by screening for and identifying adverse childhood experiences early, we can begin to identify and treat the root causes of significant suffering. ACE screening and the recognition of how trauma affects us, really is a paradigm shift in pediatrics and in medicine as a whole.” ●

Iridian Casarez (she/her) is a staff writer at the Journal. Reach her at 442-1400, extension 317, or iridian@northcoastjournal.com. Follow her on Twitter @IridianCasarez.



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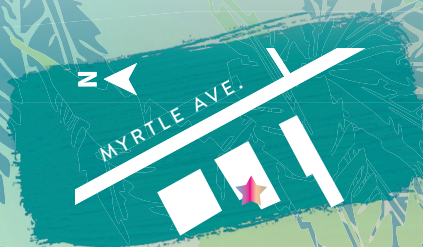
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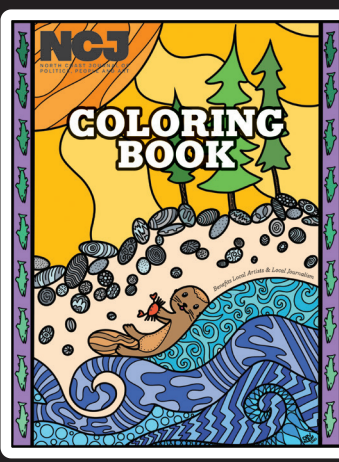
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Old Town Coffee and Chocolates Up for Sale

By Jennifer Fumiko Cahill
jennifer@northcoastjournal.com



Owners Gail Mentink and Cathy Kunkler outside Old Town Coffee and Chocolates.
Photo courtesy of Catherine Wilkes Photography

Outside it's chilly and misting, but inside the brick-walled Old Town Coffee and Chocolates, it's cozy. The steamer and the knock of a portafilter drown the low music for a moment and the barista behind the Plexiglas coos at the dog of a regular, scolding it lightly for putting its paws on the counter. In the next room, the red ribbon atop a Christmas tree brushes the ceiling.

After nearly 20 years as a caffeine pitstop, meeting place, music venue, study spot and community hub, Old Town Coffee and Chocolates is for sale. Owners Cathy Kunkler and Gail Mentink are retiring, and asking \$360,000 for the entire operation, which includes the Old Town shop and the Henderson Center location, the wholesale coffee business and all the recipes, from coffee drinks to baked goods and soup, to the fudge and the perennial Easter-time Bunny Balls.

Mentink says she and Kunkler met working office jobs at the pulp mill "under constant threat of things closing down" when they started talking about starting their own business, something they'd have more control over. And control is what they got when they bought the former Humboldt Bay Coffee spot from John Hall

in 2002, adding chocolates and doubling the café's footprint by expanding into the office space next door. In 2005, the pair bought roasting equipment, including the afterburner that cuts the smoke and particles released into the air, and started roasting their own beans, a move Kunkler says made a vast difference in the cost of running a café. In 2016, they bought the former Vellutini's Bakery in Henderson Center, but for the bread ovens and wholesale business.

"I was not a specialty coffee drinker, I had a learning curve ... and then immediately fell in love with it," says Mentink, who recalls being stumped by a customer's order the first day she and Kunkler were on their own at the espresso machine. "I didn't have a clue how to make it." Luckily, the fellow was happy to take a complimentary drip coffee instead.

Along with the coffee, both women say Old Town Coffee and Chocolates' role as a social hub — as evidenced by the posted flyers and Little Free Library — has been a joy. "We've had everything here from funerals to weddings," Kunkler says. The latter took place in the side room during café hours. "We were careful with the grinder while they were saying their vows."

Kunkler says, "We see just about every-

body. It really does cross all demographics." The broad range of patrons has shown her "that you can have different appearances, views and still really enjoy and like each other. ... It really helps you to have a bigger view of the world in some ways."

That includes some more colorful characters, like the man who used to walk his turkey and chickens around town. Once, she says, his rather large turkey was blocking the doorway when EMTs came for someone in the café who'd had a seizure, prompting a barista to tell him he had to get the bird out of there. That night, she got an anxious email from the bird owner, asking if his turkey was truly no longer welcome. "I thought, only in Humboldt," she says, laughing. "It's hard to leave something like this; I'm gonna be so bored."

When COVID-19 and its attending shelter in place hit Humboldt, the café closed for eight weeks. "It was the first time in all these years that we had been closed and I was worried," says Kunkler, who found her worry quelled, if not erased, by support around the community. She recalls John Dalby, president and CEO of Redwood Capitol Bank, calling her at home to order \$2,000 worth of gift cards to be used when the business reopened. "It really wasn't about the money; it was

the gesture," she says. She was moved, too, when a regular customer came in with an envelope with \$100 for each employee. "They were so touched."

Kunkler says the pandemic-era barriers and masks have curtailed the usual banter a bit, but the feel of the place is starting to come back along with the regulars and small events, and even open mic nights are on the horizon. According to Mentink, the business is "pretty much back to where we were. I feel good about that. I wouldn't

have wanted to walk away with it struggling." Now it even boasts covered outdoor seating built by Kunkler's husband, Buck Zumwalt.

"Cathy and I — she's probably the best friend I could have. People told me, 'Oh, partnerships, be careful,' but it has been one of the greatest blessings in my life." Leaving that behind, Mentink says, "It's a very bittersweet decision." But she and her husband, Danny, have 17 grandchildren between them that they'll be spending

more time with. That and "more yoga," she says with a deep sigh.

"It's been a wonderful business and a wonderful life — our kids have all grown up here," says Kunkler, who notes family members were involved at every step, building, developing the coffees and working the counter. "It's hard to let go in some ways but it's time for another chapter." For her and her husband, that means doing some traveling together.

Mentink echoes Kunkler's feelings

about moving on, as much as they'll both miss their employees and customers. Mentink chuckles and says she joked with her son the other night, "It's gonna be rough paying for coffee in the future."

Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.



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NCJ GET OUT

A Feast for Feathered Friends

Bird (not raccoon) feeder basics

By Sarah Hobart

getout@northcoastjournal.com

When you love watching birds, you're often willing to sacrifice the comfort of your cushy armchair for an hours-long vigil under a Humboldt downpour in pursuit of your hobby. But suppose you could have both — what if the birds came to you?

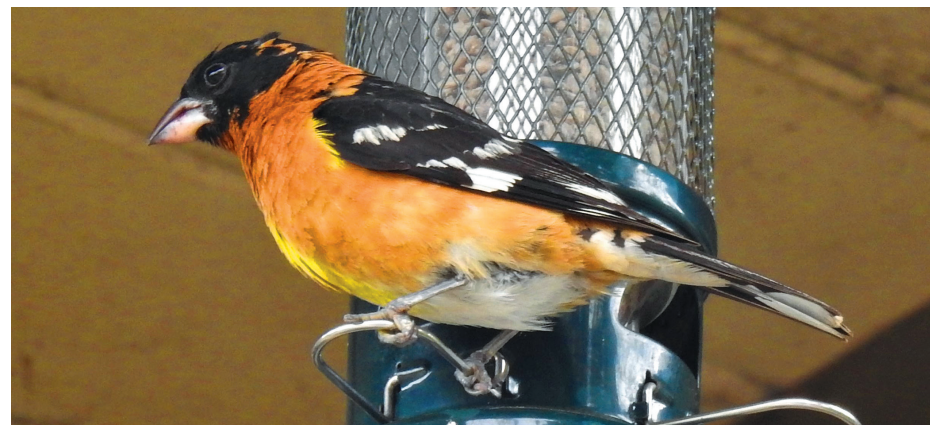
That was my vision a few years ago when I decided to put up a feeder. I built my first one from scratch: a cute little cottage perched over a shallow tray that was filled with a tempting array of birdseed. I attached a suet cage to the roof, and envisioned a Downy Woodpecker or two tapping away on the eaves while grosbeaks and chickadees and nuthatches feasted below. My sons and I secured the feeder to the deck railing and waited for the birds to show up.

Just after dusk, my eldest called me over to the window. "Look at that," he said.

Three raccoons were moving purposefully along the railing. Their black masks were striking in the fading light. When they reached the feeder, they made short work of the seed in the tray, snatching up the choicest morsels and scattering the rest. The ring-leader then wrenched open the critter-proof door of the suet cage and absconded with the entire block. As they marched single-file back into the darkness from whence they'd come, the last raccoon, in a final "up yours" gesture, pushed my best ceramic flowerpot off the railing. It smashed into bits on the deck below.

Looking back on that debacle, I realized I'd made a number of rookie mistakes. My feeder design and placement attracted trouble, not birds. A little research taught me the basics about feeding the birds safely and successfully.

1. Location, location, location. Your type of feeder will help determine its best location. Placing an open platform feeder, such as the one I built, close to the house will invite rodents (not to mention raccoons) to feed and possibly find access into your home. An ideal location for my design would have been atop a 5-foot post well away from



A black-headed grosbeak at the feeder.

Photo by Sarah Hobart

the house, with a cone-shaped baffle underneath it to prevent critters from climbing up, and sufficient tree or brush cover to avoid creating a buffet for Cooper's or sharp-shinned hawks.

But there are myriad other designs to choose from, including anti-squirrel feeders with weight-limiting perches that seal off seed access if something larger than a songbird lands there. There are also feeders designed to limit seed waste. Explore your options and don't be afraid to experiment.

Suppose you choose a nice squirrel-proof feeder and your dream location is just outside your kitchen window so you can watch the birds while doing the dishes. Think safety: an estimated 1 billion birds die each year after window strikes. Fortunately, there are a number of ways to treat your window glass to make it more visible to birds. One of the most effective — and cost effective — I've tried is using a white glass paint pen (it's washable) to draw vertical lines spaced no more than four inches apart down the glass. Other options include window decals, netting and hanging string curtains, known as "zen" curtains, available online. It's worth the effort to save even a single bird.

2. Keep it clean. Good feeder hygiene is a must. Feeders tend to crowd birds together, causing pathogens to spread far more easily than they would in the wild. Last winter, a salmonellosis outbreak took a devastating toll on bird populations, and the public was asked to adopt a strict cleaning regimen of weekly disinfecting with a 10 percent non-chlorinated bleach solution or take their feeders down altogether.

At least every two weeks, take time to sanitize your feeder, then rinse it well and allow it to air dry. Clean up seed waste and bird feces, too, to discourage rodents. And just because, well, ick.

3. Choose a high quality seed blend. Cheap bulk seed mixes sometimes sit in warehouses for months and some of their common ingredients, like cracked corn and peanuts, can harbor aflatoxins that are potentially fatal to birds. Look for a mix that's heavy on black-oil sunflower seeds and buy in small quantities.

4. Leave your native vegetation in place and plant more. Birds are seldom attracted

to perfectly manicured lawns. If you have some control over how your yard looks — you own your home, or have an agreeable landlord — encourage native vegetation and/or plant natives like twinberry and California wax myrtle. Even the non-native Himalayan blackberry, the bane of most gardeners, can provide shelter and sustenance for sparrows and other birds, if it's kept under control. And leaving dead snags standing can attract flickers and other woodpeckers — just make sure they're not likely to fall on you or your car during a windstorm. Not that it's happened here at my house.

5. Should we be feeding the birds at all?

Some experts say backyard feeders fundamentally alter how birds behave, bringing together species that normally wouldn't interact and affecting migration patterns. But the National Audubon Society says when done with careful attention to cleanliness and a variety of good quality seed, feeding can often be a boon to birds, especially those affected by extreme weather brought about by climate change.

I ended up investing in a cylinder-style feeder with weighted perches that is dishwasher-safe for easy sanitizing. It hangs from the eave outside my dining room window, which has both vertical lines and decals — there's never been a window strike death. Every few weeks, I sweep up hulls and fallen seed, and wash down my deck. I've let my yard transition to what I like to call "scruffy natural vegetation."

And I get a lot of birds. My main customers are chestnut-backed chickadees and dark-eyed juncos, but there are others, too: beautiful red-breasted nuthatches, pine siskins, purple finches, downy woodpeckers, lesser goldfinches and a gorgeous pair of black-headed grosbeaks, to mention a few. Working the ground below are fox and song sparrows, and spotted towhees. I lost one junco to a sharp-shinned hawk and a second one to my neighbor's cat before we reached an understanding, but for the most part it's been an enjoyable and mutually beneficial arrangement.

And I never did see those raccoons again.

Sarah Hobart (she/her) is a freelance writer based in Humboldt County.

Coastal Rivers Primed for Steelhead

By Kenny Priest

fishing@northcoastjournal.com



Jeff Dillard of Brookings, Oregon, with a chrome Chetco steelhead caught last week while fishing with Mick Thomas.

Photo courtesy of Wild Rivers Fishing

After a very wet weekend that saw all our coastal rivers receive a good soaking, fishable rivers should begin to come into play this week — at least a few of them. Both the Smith and Chetco rivers were high and off-color Tuesday, but that will soon change. They should come down to high-but-fishable levels in the next few days. In the Humboldt area, the South Fork Eel is probably the best bet for green water. After a bump in flows behind Wednesday's rain, it's forecast to be at a fishable height by the weekend. Water color could be an issue, however. Same holds true for the Van Duzen. The Mad River is currently high and muddy, and will likely stay that way for the foreseeable future. A few steelhead have already been caught on the Mad, which is encouraging. The SF Eel and Van Duzen haven't seen many boats or anglers yet, but you can bet there are steelhead around. If you're looking to get out of the house this weekend, you should be able to find a fishable river.

Weather ahead

The next storm system is slated to begin Wednesday and will stick around through the day Thursday. "Light showers are predicted for early Wednesday, with the bulk of the rain falling overnight," said Josh Wood of Eureka's National Weather Service office. "The rain will be widespread, with 1 to 2 inches possible from the Smith to the Eel basins. The next storm will arrive on Friday, with showers arriving in the Smith basin in the

afternoon. Locally, most of the rain from this system will fall Saturday. The Smith basin could see $\frac{3}{4}$ to an inch in the higher elevations. In Humboldt, we're likely to see a quarter to a half. More rain, with the potential for another inch, is forecast for Sunday into Monday.

Mad River Steelhead Derby Starts Dec. 18

The Nor-Cal Guides and Sportsmen's Association (NCGASA) is hosting its third annual Mad River Steelhead Derby from Dec. 18 through Feb. 28, 2022. Anglers must be signed up prior to Dec. 18 to be eligible to win cash and prizes. Only hatchery steelhead can be entered. The largest steelhead wins \$500, second place \$300 and third place \$150. First place in the youth division (16 and under) will win a \$175 RMI Outdoors gift card; second and third place finishers will win prizes to be announced. Anglers can sign up online at www.ncgasa.org or in person at RMI Outdoors. Part of the proceeds benefit the Mad River Steelhead Stewards volunteer anglers broodstock collection program that works in concert with the California Department of Fish and Wildlife. For more information, visit www.madriversteelheadderby.com.

Smith River

The Smith was over 12 feet on the Jed Smith gauge at the start of Tuesday, a little too big for drifting. Conditions look excellent for Wednesday before the next round

of storms move through. The next rise is predicted for Thursday with the river on the drop Friday and Saturday. There should be some steelhead around as well as some late kings who will quickly make their way upriver.

Chetco

The Chetco River rose 8 feet between Saturday night and Sunday morning, giving a boost in flows that steelhead anglers have been waiting for. Flows jumped from 600 cubic feet per second to just under 10,000 cfs. As they drop this week, the river should be in prime shape for steelhead fishing. "Anything under 5,000 cfs is fishable for side-drifting, and 3,500 to 2,500 cfs are ideal," said guide Andy Martin of Wild Rivers Fishing. "If the early forecast is correct, we should have good fishing sometime this week. Steelhead were already in the river before the storm but low, clear water made fishing tough. It was difficult to get a good drift without spooking the steelhead holding in the shallow tailouts," Martin said. ●

Read the complete fishing report at www.northcoastjournal.com

Kenny Priest operates Fishing the North Coast, a fishing guide service out of Humboldt specializing in salmon and steelhead. Find it on Facebook, Instagram, YouTube and www.fishingthenorthcoast.com. For up-to-date fishing reports and North Coast river information, email kenny@fishingthenorthcoast.com.

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Calendar

Dec. 16 – 23, 2021



Ella Ranario as Clara, Sundance Ballet. Photo by Carissa Ranario

Get cracking, folks. It's holiday dance time. **The Sundance Ballet Company**, under the artistic direction of Carrie Badeaux, presents the beloved holiday classic **The Nutcracker** on **Saturday, Dec. 18 at 7 p.m.** and **Sunday, Dec. 19 at 2 p.m.** at **Van Duzer Theatre** (\$15-\$25). Sundance's 70-performer version is the "only full traditional Nutcracker Ballet on the North Coast," according to a press release from the company, and features dancers from the Sundance Ballet Company, the Dance Scene Studio and guest dancers from Redding. Expect new things this year, like Drosselmeyer's mechanical clock shop opening the show and "extra" theatrics to help maintain the theater magic, as all performers will dance wearing masks. Audience members are required to wear masks as well and show proof of vaccination or a negative COVID test within 72 hours prior to admission. Over at the **Arkley Center for the Performing Arts, North Coast Dance** presents its version of **The Nutcracker** on **Friday and Saturday, Dec. 17-18 from 7 to 8:30 p.m.** (\$15-\$40). North Coast Dance's production also requires masks as well as full vaccination for both children and adults or proof of negative COVID-19 PCR test taken within 72 hours.



White Christmas, Paramount

It's the most wonderful night of the year (we're a little biased). Why? **The Eureka Theater**, shuttered due to the pandemic for two long years, is opening its doors with two Grand Reopening Holiday Movies this weekend. First up is the Christmas movie treasure **White Christmas** (1954) on **Friday, Dec. 17 at 7:30 p.m.** (\$6). Starring Bing Crosby, Rosemary Clooney, Danny Kaye and Vera-Ellen, **White Christmas** features many well-known Christmas songs and is funny and heartwarming all at once. Don't miss it in all its spectacular color on the big screen. Come back **Saturday, Dec. 18** with the kids for the **Elf Cheer and Sing Along at 5 p.m.** (\$6). Buddy and every buddy else love Christmas and this movie! Fun for the whole family. Masks and proof of COVID-19 vaccination are required for both films. Local beers, wines, ciders, cocktails and concessions for all ages available, too.



Photo by Mark Larson

Sing it with us: "She thinks my tractor's festive. With its Christmas lights turned on. She's always waving at it while it's chugging along," down Main Street, that is. Yep, it's the 29th annual **Ferndale Lighted Tractor Parade** this **Sunday, Dec. 19 at 6 p.m. on Main Street** (free). Ferndale's farmers and ranchers whoop-dee-do up their tractors, tractor-drawn wagons and horse-drawn floats for this hometown holiday event. Get there early — parking spots are hard to find if you wait until the last minute. Plus, people are already out there for the judging (the tractors, not you) at 5 p.m. Why not make a day of it and shop Main Street, grab a bite to eat and stay for the parade? Please mask up and follow COVID-19 guidelines. Live stream is also available on Facebook.

Heads up, folks: Due to the increase in COVID-19 cases in the area, many events are in flux. Please check our online calendar for event changes and contact information before heading out. We'll do our best to update the rapidly changing info. At press time, these events are still on. Please remember the county mandatory masking ordinance is in place and mask up for yourself and your neighbors.

16 Thursday

ART

Online Art Silent Auction. Noon. Virtual World, Online. More than 40 paintings and prints from 22 local artists. All funds raised support the printing of Humboldt County's first book showcasing a collection of painters. The auction runs through Dec. 15 at 6 p.m. cmp10@humboldt.edu. www.app.galabid.com/humboldtart.

BOOKS

Storywalk. Historic Old Town Eureka, Second Street. Stroll along and window shop with your child as you read *The Night Before the Night before Christmas* by local author Natasha Wing. The pages of the book will be displayed in store windows along Second Street. www.eurekamainstreet.org.

SPOKEN WORD

The Writers Lounge via Zoom. 7:30 p.m. Virtual World, Online. A writing workshop geared toward stand-up and comedy. Zoom Room: 857 4217 6054. Password: writers. Join Zoom Meeting www.us02web.zoom.us/j/85742176054?pwd=dWp4UGVqaUVVYQ0wzekVnZkZOVlMzZz09.

EVENTS

Fire Relief Donation Drive. 2-5 p.m. Arcata Veterans Hall, 1425 J St. Updated list of needs and a monetary donation site online. legionprograms@gmail.com. www.battlenhomefronts.org. (707) 610-6619.

FOR KIDS

MARZ Project. Noon-5 p.m. Virtual World, Online. Humboldt and Del Norte county youth ages 12 to 26 learn to express themselves creatively in visual art, audio and video production. All MARZ students have free access to equipment, software and training. Meets via Zoom by appointment. Free. marzproject@inkpeople.org. (707) 442-8413.

Virtual Junior Rangers. 11:30 a.m. Virtual World, Online. North Coast Redwoods District of California State Parks offers kids' programs and activities about coast redwoods, marine protected areas and more, plus Junior Ranger badges. Register online and watch live. www.bit.ly/NCRDVirtualJuniorRanger.

FOOD

Volunteer Orientation Food for People. 3-4 p.m. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation.

Free. volunteer@foodforpeople.org. www.foodforpeople.org/volunteering. (707) 445-3166 ext. 310.

MEETINGS

Ujima Parent Peer Support. 6:30-7:30 p.m. Virtual World, Online. For BIPOC families. See the HC Black Music and Arts Association Facebook page for more information. hcbblackmusicnarts@gmail.com.

Virtual Whiteness Accountability Space. Noon-1 p.m. Virtual World, Online. Community members who identify as white are invited to weekly conversations led by white facilitator from Equity Arcata. Email for the Zoom link. equityarcata@gmail.com.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. California State Parks' North Coast Redwoods District is broadcasting programs featuring tall trees and rugged seas from state parks via Facebook. Free. www.facebook.com/NorthCoastRedwoods.

ETC

Candlelight Walk Auction. Virtual World, Online. Features more than 130 items ranging from getaways to local gift certificates. The auction is at <https://app.galabid.com/candlelightwalk21/>. Or can be accessed at www.facebook.com/Redwoodparks. Proceeds from the auction benefit Redwood Parks Conservancy.

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. This class offers pronunciation, speaking, reading, writing, vocabulary, verb conjugations and common expressions. All levels

welcome. Join anytime. Free. www.englishexpressempowered.com.

Restorative Movement. 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. SoHum Health presents classes focused on strength and mobility (Tuesday), and on relaxation and breath work (Thursday). Contact instructor Ann Constantino for online orientation. \$3-\$5 donation per class, no one is turned away for lack of funds. annconstantino@gmail.com. www.sohumhealth.org. (707) 923-3921.

17 Friday

BOOKS

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

DANCE

Benefit Dance Party with Home Cookin'. 7:30 p.m. Arcata Playhouse, 1251 Ninth St. Dance to Home Cookin'. Cocktails and light food fare available. Tickets online. Masks and proof of vaccination required. Limited to 50 people per night. \$15. www.arcataplayhouse.org.

NCD: The Nutcracker. 7-8:30 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. North Coast Dance presents the family holiday tradition. Masks are required at all times. Both children and adults must be fully vaccinated or show proof of negative COVID-19 PCR test taken within 72 hours. reception.ncd@gmail.com. (707) 442-7779.

MUSIC

J Street Regulars Live and Live Streamed at the Sanctuary. 7-8:30 p.m. The Sanctuary, 1301 J St., Arcata. The J Street Regulars (James Zeller, Katie Belknap and Daniel Nickerson) perform original music and classics. Live streamed on YouTube @Sanctuaryarcata and Facebook @Sanctuaryarcata. Masks, proof of COVID vaccination or negative PCR lab result (within 48 hours) plus photo ID required for live audience. Art by Sanctuary artists available for purchase. \$15. info@sanctuaryarcata.org. www.youtube.com/watch?v=9ri7lvGOEzY. 707-822-0898.

Shelter n Play. 6 p.m. Virtual World, Online. Public group on Facebook made up of locals. Open mic for all skill levels, all styles, everyone's welcome to watch or perform. Sign-ups Wednesdays at noon. www.facebook.com/groups/224856781967115.

FOR KIDS

MARZ Project. Noon-5 p.m. Virtual World, Online. See Dec. 16 listing.

GARDEN

Sea Goat Farm Garden Volunteer Opportunities. 10 a.m.-5 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Help with animal care, weeding, watering, planting and occasional harvest help on Saturday mornings. Volunteers get free produce. flowerstone333@gmail.com. (530) 205-5882.

HOLIDAY EVENTS

Comfort & Joy: A Holiday Open House & Fundraiser. 6-8 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Enjoy music and caroling with the HUUF Choir and A Company of Voices on the HUUF patio and family crafts and holiday fun indoors. Pay-what-you-can. comm@huuf.org. www.fb.me/e/26yPEyFFX. (707) 822-3793.

Festive Ferndale: Holiday Greetings Night. 5:30-7:30 p.m. City of Ferndale, Ferndale. Drive around to see town-wide decorations come alive with holiday music, live performances, live characters and more.

Continued on next page »

Low income Subsidies and Extra Help programs are available

Call HICAP the (Health Insurance Counseling and Advocacy Program) for help navigating Medicare.



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TOYOTA
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NCJ CALENDAR

Continued from previous page

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing. 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

ETC

A Call to Yarns. Noon-1 p.m. Virtual World, Online. A weekly Zoom meetup for knitters and crocheters. Sign up using the Google form for an email invitation. Free. sparsons@co.humboldt.ca.us. www.forms.gle/CkdbZSbjbckZQej89. (707) 822-5954.

Candlelight Walk Auction. Virtual World, Online. See Dec. 16 listing.

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

Tabata. 5:30-6:30 p.m. Virtual World, Online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the class. Free. sfinch40@gmail.com. www.sohumhealth.com.

18 Saturday

ART

Holiday Mosaic Workshop. 2-3 & 4-5 p.m. Soot Sprite Farms, McKinleyville, California. Learn how to make a stained glass mosaic heart rock or jewelry set. All proceeds go to Soot Sprite Farm. Email to reserve a spot. \$15-\$30. naturesmosaic@gmail.com. (707) 498-2456.

BOOKS

Reading in Place - An Online Reading Group. 1 p.m. Virtual World, Online. Sign up online for a Zoom meeting invite and the week's reading for discussion. www.forms.gle/zKymPvcDFDG7BJEP9.

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

DANCE

Benefit Dance Party with Home Cookin'. 7:30 p.m. Arcata Playhouse, 1251 Ninth St. See Dec. 17 listing.

NCD: The Nutcracker. 2-3:30 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. See Dec. 17 listing.

The Nutcracker. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. The holiday classic presented by the Sundance Ballet Company. Masks are required to be worn at all times, for all ages. Proof of vaccination or a negative COVID test within 72 hours prior to the event required. \$15-\$20. www.danceeureka.com.

MOVIES

Elf Cheer and Sing Along. 5 p.m. Eureka Theater, 612 F St. Sing along with Buddy and his friends, learn fun new facts about the North Pole, Elf culture and every Buddy else. Fun for the whole family. Local beers, wines, ciders, cocktails and concessions for all ages available. Proof of COVID-19 vaccination and masks required. \$6. www.theeurekatheater.org.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Every Saturday Humboldt County farmers bring their non-GMO bounty, rain or shine. EBT accepted and Market Match is offered. Information and COVID rules online. Free. info@northcoastgrowersassociation.org. www.northcoast-growersassociation.org. (707) 441-9999.

Fair Curve Farm Farm Stand. 10 a.m.-2 p.m. Ferndale Main Street, Ferndale. Certified organic vegetables. On Main Street and Shaw.

Sea Goat Farmstand. 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Fresh veggies grown onsite, fresh sourdough bread from Humboldt Baking Company and farm fresh eggs. Art from local

artists as well as goods from a variety of local artisans. flowerstone333@gmail.com. (530) 205-5882.

GARDEN

Sea Goat Farm Garden Volunteer Opportunities. 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. See Dec. 17 listing.

HOLIDAY EVENTS

Christmas Brass Bands. Noon-3 p.m. Ferndale Main Street, Ferndale. Members of the Scotia Band (a saxophone quartet and brass ensemble) stroll Main Street for your holiday entertainment playing traditional Christmas favorites.

Holiday Open House. 11 a.m.-2 p.m. Sequoia Humane Society, 6073 Loma Ave., Eureka. Learn more about Sequoia Humane Society's services and volunteer opportunities. Goodie bags, door raffle, photo opportunities (\$5 suggested donation) and discounted pet gear. Please bring Holiday Supply Drive donations for the pets, if you can.

Last Chance Holiday Market. 10 a.m.-6 p.m. Arcata Sports Complex, 321 Community Park Way. Holiday market with 40-plus vendors. Family friendly. Indoor masked event. All local artists, crafts, homemade goodies and treats for the holidays.

Pawlday Meal and Blessing Bags Giveaway. 3 p.m. Old Town Gazebo, Second and F streets, Eureka. A free hot meal and blessing bags for the homeless community and their pets. While supplies last.

Winter Arts and Artisan Market. 11 a.m.-4 p.m. Red Roof Inn, 4975 Valley West Blvd., Arcata. Presented by AIAA and CUNA. Local food vendors, performers and entertainment. A mobile vaccine clinic will be present with AIAA giving out \$50 Renner Gas Gift Cards to anyone 60 years or older or caregivers of someone who is 60 years or older who gets their vaccination onsite. mgallager@aiaa.org. 442.3763, ext. 209.

MEETINGS

Sistahood. 9:30-11 a.m. Virtual World, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

OUTDOORS

Arcata Marsh Birding Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Join Larry Karsteadt at the end of South I Street (Klopp Lake) to see shorebird, waterbird and terrestrial species. Bring your binoculars. COVID-19 participation guidelines online. RSVP by text. Free. thebook@reninet.com. www.rras.org/home.aspx. (707) 499-1247.

Beginning Birdwatching & Project FeederWatch. 10 a.m.-noon. Jacoby Creek School, 1617 Old Arcata Road, Bayside. Meet at the Jacoby Creek School Garden. Drop-in anytime. Learn about birds in an informal, family-friendly setting. Bring binoculars and be prepared to wear a mask and practice social distancing. COVID-19 participation guidelines online. Free. daseeger@gmail.com. www.rras.org/home.aspx.

FOAM Marsh Tour w/Sharon Levy. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leader Levy in the lobby for a 90-minute, rain-or-shine walk focusing on marsh history, wastewater treatment and/or ecology. Masks are required inside the building but are optional outdoors. Free. (707) 826-2359.

Live from Behind the Redwood Curtain. Ongoing. 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

Samoa Dunes and Wetlands Guided Walk. Third Sat-

Continued on page 29»



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EUREKA MAIN STREET

urday of every month, 10 a.m.-12:30 p.m. Samoa Dunes & Wetlands Conservation Area, Coper Lane, Arcata. Join Friends of the Dunes naturalist for a hike on loose sand and up and down some moderate slopes. Call or email for required reservation and directions. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/. (707) 444-1397.

ETC

Candlelight Walk Auction. Virtual World, Online. See Dec. 16 listing.

Club Triangle Streaming Saturdays. Virtual World, Online. Weekly online queer variety show. Submissions accepted daily. Post your art on social media and tag @clubtriangle. #coronoshebettadont. Free. www.facebook.com/clubtriangle707.

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

19 Sunday

BOOKS

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

DANCE

NCD: The Nutcracker. 2-3:30 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. See Dec. 17 listing.

The Nutcracker. 2 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See Dec. 18 listing.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

HOLIDAY EVENTS

Ferndale Lighted Tractor Parade. 6-7 p.m. Ferndale Main Street, Ferndale. Local farmers and ranchers parade fancifully decorated tractors, tractor-drawn wagons and horse-drawn floats down main street at the 29th annual event. Follow COVID-19 guidelines. Live stream available on Facebook. Free. ferndaletractorparade@gmail.com. www.facebook.com/events/597728471646238.

Fortuna Holiday Dazzle Decorating Contest. City of Fortuna, Various city locations. All Fortuna residences and business locations within city limits are eligible to win cash and prizes. Houses or businesses must enter online by Dec. 12, remain decorated until voting ends on Dec 25 and be visible from the street. www.fortuna-chamber.com/dazzle2021.

Holiday Sunday Art Market. 11 a.m.-4 p.m. Arcata Plaza, Ninth and G streets. Featuring local art vendors, live music, downtown businesses, the Awesome Arcata Coupon Book and fun holiday activities. Dec. 19: The Snowflake Queen's Winter Solstice Snow Party, the grand finale to the Season of Wonder and Light festivities. Featuring music by the CR Jazz Band

Last Chance Holiday Market. 10 a.m.-6 p.m. Arcata Sports Complex, 321 Community Park Way. See Dec. 18 listing.

OUTDOORS

Dune Restoration Work Days. Third Sunday of every month, 10 a.m.-1 p.m. Ma-le'l Dunes South, Young Lane, Arcata. Help remove invasive plant species to make room for native plant diversity. Tools and snacks provided. Please bring water, face masks and wear work clothes. Meet at the Ma-le'l South parking lot. dante@friendsofthedunes.org. www.friendsofthedunes.org/dert-days. (707) 444-1397.

Eureka Waterfront Birding Tour. 9-11 a.m. Eureka Water-

front, Foot of Del Norte Street. Join leader Ralph Bucher for guided birding along the Eureka Waterfront Trail, a flat, paved, wheelchair accessible trail. COVID-19 participation guidelines online. RSVP by text. Free. thebook@reninet.com. www.ras.org/home.aspx. (707) 499-1247.

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

20 Monday

BOOKS

Equity Arcata's Community Book Club. Third Monday of every month, 4-6 p.m. Virtual World, Online. Alia Dunphy and Meridith Oram discuss Adrienne Marie Brown's book, *Emergent Strategy: Shaping Change, Changing Worlds*. On Zoom. Register online. www.equityarcata.com.

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

FOOD

Volunteer Orientation Food for People. 3:30-4:30 p.m. See Dec. 16 listing.

HOLIDAY EVENTS

U.S. Capitol Christmas Tree Tree Skirt Replica. Redwood Art Association Gallery, 603 F St., Eureka. Replica of the tree skirt by members from Moonstone Quilters, Eel River Valley Quilt Guild and the Redwood Empire Quilters Guild for the 2021 Capitol Christmas tree.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

Mad River Steelhead Derby. Countywide, Locations throughout Humboldt County, Humboldt. The Nor-Cal Guides & Sportsmen Association's annual competition. Cash and prizes awarded to the biggest hatchery steelhead caught Dec. 18, 2021 through Feb. 28, 2022. Register online. \$40, \$25 youth 16 and under. www.madriversteelheadderby.com.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

Tabata. 5:30-6:30 p.m. Virtual World, Online. See Dec. 17 listing.

21 Tuesday

BOOKS

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

FOR KIDS

MARZ Project. Noon-5 p.m. Virtual World, Online. See Dec. 16 listing.

Tuesday Storytime with Ms. Tamara. Virtual World, Online. Posted every Tuesday on Arcata Library's Facebook page, www.facebook.com/HumCoLibraryArcata.

GARDEN

Winter Solstice Herb Walk. 9:30-11 a.m. Redwood Roots Farm, 25 Jacoby Creek Road, Bayside. Learn how to identify common edible and medicinal wild herbs and garden weeds. After the walk, toast the return of the light with a celebratory pot of tea crafted with plants

Continued on next page »

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NCJ CALENDAR

Continued from previous page

gathered along the stroll. \$20. allison@dandelionherb.com. www.dandelionherb.com/product/winter-solstice-herb-walk/. 707-407-5617.

HOLIDAY EVENTS

Community Live Nativity. 6-8 p.m. First Covenant Church Eureka, 2526 J St. Have a COVID-safe experience of eight scenes (including live animals) depicting the story of Christmas from your car. From Buhne Street, turn south onto K Street, then right onto Carson Street, then right onto J Street. Narration available. Free.

MEETINGS

Humboldt Cribbage Club Tournament. 6:15-9 p.m. Moose Lodge, 4328 Campton Road, Eureka. Weekly six-game cribbage tournament for experienced players every Tuesday. Inexperienced players may watch, learn and play on the side. Moose dinner available at 5:30 p.m. \$3-\$8. 31for14@gmail.com. (707) 599-4605.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing. 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

Restorative Movement. 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. See Dec. 16 listing.

22 Wednesday

BOOKS

On the Same Page Book Club. 5:30 p.m. Virtual World, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at www.forms.gle/bAsjdQ7hKGqEgJk7.

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

FOR KIDS

MARZ Project. Noon-5 p.m. Virtual World, Online. See Dec. 16 listing.

GARDEN

Sea Goat Farm Garden Volunteer Opportunities. 10 a.m.-5 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. See Dec. 17 listing.

MEETINGS

Nordic Aquafarms Open Zoom Meeting. 12:30-1:30 p.m. Virtual World, Online. Learn more about the land-based fish farm planned for the Samoa Peninsula. Meeting ID: 863 3501 2057. Passcode: 518864. satkins-salazar@gmail.com. us02web.zoom.us/j/86335012057?pwd=S2NOVXBqUlZxbFozUnl0TFNlYTVxUT09#suc-

[cesspwd=S2NOVXBqUlZxbFozUnl0TFNlYTVxUT09](https://www.cityofarcata.org/Grants-Scholarships/Scholarships-Appl-Now).

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing. 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

Tabata. 5:30-6:30 p.m. Virtual World, Online. See Dec. 17 listing.

23 Thursday

BOOKS

Storywalk. Historic Old Town Eureka, Second Street. See Dec. 16 listing.

SPOKEN WORD

The Writers Lounge via Zoom. 7:30 p.m. Virtual World, Online. See Dec. 16 listing.

EVENTS

Fire Relief Donation Drive. 2-5 p.m. Arcata Veterans Hall, 1425 J St. See Dec. 16 listing.

FOR KIDS

MARZ Project. Noon-5 p.m. Virtual World, Online. See Dec. 16 listing.

Virtual Junior Rangers. 11:30 a.m. Virtual World, Online. See Dec. 16 listing.

FOOD

Volunteer Orientation Food for People. 3-4 p.m. See Dec. 16 listing.

MEETINGS

Ujima Parent Peer Support. 6:30-7:30 p.m. Virtual World, Online. See Dec. 16 listing.

Virtual Whiteness Accountability Space. Noon-1 p.m. Virtual World, Online. See Dec. 16 listing.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing. 3-3:30 p.m. Virtual World, Online. See Dec. 16 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, Online. See Dec. 16 listing.

Restorative Movement. 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. See Dec. 16 listing.

Heads Up ...

The city of Arcata seeks applicants for the Public Safety Committee. Applicants must live within Arcata city limits or live or work within the Arcata Planning Area. Committee applications may be emailed to bdory@cityofarcata.org, faxed to 822-8018 or dropped off in the city manager's office at Arcata City Hall between 9 a.m. and 5 p.m. Monday through Friday. For more information, visit www.cityofarcata.org or call 822-5953.

The city of Arcata seeks applicants for the Economic Development Committee. Email applications to citymgr@cityofarcata.org, fax to 822-8081 or drop off in a sealed envelope labeled "City Manager's Office" at the City Hall drop boxes. For more information visit www.cityofarcata.org.

The Humboldt-Del Norte County Medical Society's Humboldt-Del Norte PreMedical Education Task Force offers two \$1,000 Future Physician scholarships to students planning on attending medical school. Application at www.hafoundation.org/Grants-Scholarships/Scholarships-Appl-Now. ●



Psyching myself up for a holiday party in a pandemic.
The Unforgiveable

Going Home Again

The Unforgiveable and Belfast

By John J. Bennett

screens@northcoastjournal.com

THE UNFORGIVEABLE. Despite the occasional — frequent? — foray into forgettable, if not regrettable, studio pap, Sandra Bullock continues to build on a career as one of the hardest working, most dependable, most bankable stars in Hollywood. And, like fellow stalwart Halle Berry, she persists in doing so despite the active, often aggressive, always malignant sexism and misogyny inherent in her industry and American culture at large (though obviously without the racism Berry has been plagued by). She has had prominent roles in major Hollywood movies almost every year, since the early 1990s and for much of that time has worked as a producer on her own starring projects and others. All while navigating the fire-swamp of a culture obsessed with celebrity and a virulent strain of media determined to expose the personal lives of people living in the public eye. She's the American movie badass and, while I may not like every movie she makes, I have nothing but respect for her strength, composure and acumen. So, while this is a brief discussion about an interesting new movie — one of substance, I might add — it is also very much about the new Sandra Bullock movie.

The first English language feature from German director Nora Fingsheidt, *The Un-*

forgivable is an adaptation (by Peter Craig, Hilary Seitz and Courtenay Miles) of the 2009 U.K. mini-series *Unforgiven* (I guess Clint owns that title for our purposes) created by Sally Wainwright.

Ruth Slater (Bullock), in the opening moments, is being released from prison in Washington state. She has served 20 years for the murder of a Snohomish sheriff (W. Earl Brown) who was attempting (gently, it should be said) to evict Ruth and her 5-year-old sister from the farmhouse where they had lived with their parents, lately deceased. Re-emerging, Ruth finds herself unalterably branded a cop-killer. The carpentry job she had been promised is summarily denied her without documented cause and anyone who knows about her past stands in judgment.

Having taken a night job at a fish-processing plant and a dayshift building a community center for the homeless, Ruth finds a way out of the chaotic, dangerous halfway house where she had been staying. She minds her own business, even starting to befriend a coworker (Jon Bernthal), but then things start to unravel. Tortured by estrangement from her little sister, Ruth returns to the farmhouse,

Continued on next page »

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These ornaments are only 5 dollars and the ENTIRE 5 dollars will be donated to Miranda's Rescue. That means that we get to make something you will enjoy, you get to keep a locally made glass ornament or give it as a gift, and YOU also get credit for **helping to save the animals**. WIN! WIN! WIN!

Please spread this post and help the beasts. I would like to mention that our shop dogs Copper and Penny are Humboldt super mutts and we could not be happier with them in our lives.

So now we are working hard making more icicles and we look forward to seeing you at the shop to score your Christmas Karma Come Up!



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**SOIL OR
FERTILIZER
PRODUCTION
LABORERS**

Day and Night shifts available in our Soil Department and Day shifts available in our Fertilizer department; packing product, sealing bottles, palletizing finished goods and restocking supplies in our busy warehouse facility.

MILLWRIGHTS

Responsible for assembling, disassembling, maintaining, fabricating, repairing machinery and other equipment necessary for our production team to utilize.

POSITION DETAILS AND APPLICATION

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— NO PHONE CALLS PLEASE —

NCJ SCREENS

Continued from previous page

where she meets Liz (Viola Davis) and John Ingram (Vincent D'Onofrio), who have recently purchased the place. John, a corporate lawyer, asks a few probing questions and eventually agrees to aid Ruth in reaching out to her sister's adoptive parents. Meanwhile, the sons of the slain sheriff (whose lives are as messy as anyone's) learn of Ruth's release and begin fantasizing about revenge.

There are a few more threads to the plot, which suggests the movie might be trying to encompass more story that it can within a reasonable run-time. And while that may leave some of the secondary and tertiary characters (and arcs) somewhat underdeveloped, the performances of the main cast carry through, with Bullock continually existing on the diaphanous boundary of breakdown throughout. Bernthal, who has become one my favorite (subjective) and most consistently compelling (objective) actors of his generation, plays a bit against type here, forsaking toughness for a profound sadness and compassion emanating from unfathomably deep eyes. Davis and D'Onofrio, unsurprisingly, become stars every time the camera finds them, and the movie gives Davis a moment to make the sort of haymaker speech that is one of her trademarks.

It is unarguable *The Unforgivable* succeeds in large part because of its stellar supporting cast but at the end of the day, it is Bullock's movie. And unlike *Bird Box* (2018), her most recent feature (also for Netflix), it feels like a fully formed work. Like her character, it balances toughness and reluctant vulnerability with compassion and the need for connection. While the narrative might get a little unwieldy, underdeveloped out of necessity, the center can hold. R. 121M.

BELFAST. There is a whole little school of prestigious filmmakers, toward the late-middle of storied careers, finally finding it within themselves to tell a personal story. It's a bit of a cliché, and the fact that said filmmakers often feel compelled to photograph their stories in luminous black and white, lending a timelessness and perhaps inflated sense of importance to them, can add to an air of pretension.

Which is not to say I have anything against Kenneth Branagh or his *Belfast*, or Alfonso Cuarón and *Roma*, with which I think the more recent movie will inevitably be compared. Just saying, it's maybe a little on the nose.

Having gotten that out of the way, Branagh's movie, a veiled autobiographical portrait of a family struggling financially as their homeland is riven by religious separatism in 1969, is indeed a beautiful and lively work of art. Told primarily from the point of view of 9(ish)-year-old Buddy

(newcomer Jude Hill), it has a reverence for its setting and the filament of family and community straining to keep itself intact. It has within it moments of joy, discovery, tragedy and humor, an honest representation of the world as it experienced for the first time, in youth. Let it be a cliché, it still works, in an unpretentiousness though possibly prettied-up way. PG13. 98M. ●

John J. Bennett (he/him) is a movie nerd who loves a good car chase.

NOW PLAYING

CLIFFORD THE BIG RED DOG. Live-action and CG adaptation of the children's story. Starring Darby Camp, Jack Whitehall and Izaac Wang. PG. 97M. BROADWAY.

DUNE. This screen adaptation of the sci-fi tome by director Denis Villeneuve spices it up with Zendaya, Timothée Chalamet, Oscar Isaac and Jason Momoa. PG13. 155M. MILL CREEK, HBO MAX, AMAZON, STREAMING.

ENCANTO. Animated adventure about the only non-magical girl in a gifted Colombian family. Voiced by Stephanie Beatriz, María Cecilia Botero and John Leguizamo. PG. 99M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

THE FRENCH DISPATCH. Expat journalists get the Wes Anderson treatment, with Tilda Swinton, Benicio Del Toro and Adrien Brody. R. 103M. MINOR.

GHOSTBUSTERS: AFTERLIFE. Multi-generational ghost busting starring Paul Rudd and evil marshmallows. PG13. 124M. BROADWAY, FORTUNA, MILL CREEK.

HOUSE OF GUCCI. Lady Gaga stars as the real-life Patrizia Reggiani who married into the fashion dynasty and hired a hitman to murder her ex and keep her in fabulous resort wear. R. 157M. BROADWAY, FORTUNA, MINOR.

NIGHTMARE ALLEY. King of horror-fantasy Guillermo del Toro creates a carnival experience we will all be afraid of, with Bradley Cooper, Toni Collette and Cate Blanchett. BROADWAY, MILL CREEK.

SPIDER-MAN: NO WAY HOME. See what happens when you take your mask off? Starring Tom Holland and Zendaya. BROADWAY, FORTUNA, MILL CREEK, MINOR.

WEST SIDE STORY. Here's hoping Steven Spielberg's remake brings back dance fighting. Starring Ansel Elgort and Rachel Zegler. PG13. 156M. BROADWAY, FORTUNA, MILL CREEK.

For showtimes call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456.

Seal Spotting and Santa

By Mike Kelly

washedup@northcoastjournal.com

I was already sad on Christmas morning when I found Santa Claus washed up naked on the beach.

At first, I thought I'd found a dead marine mammal. But then I noticed the white beard, the nose like a cherry, the bowl full of jelly belly and a surprisingly tight ass. No tiny reindeer or presents were washed up, so I assumed his Santa suit had been blown off as he fell from on high. Or maybe he was murdered in a sleigh jacking. Anyway, now I felt better for not getting any presents.

A dead harbor seal (*Phoca vitulina*) would have made more sense on any other day. Unlike often happens with dying harbor seals, I was surprised that gulls hadn't pecked out Santa's eyes and there were no vultures or ravens around. It could be that Santa's carcass was too tough, or maybe it was because he smelled like gin and candy cane.

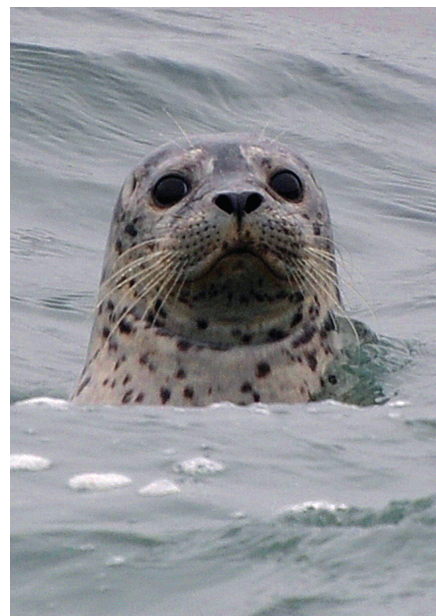
Apparently, like Santa, larger marine mammals are difficult for our local scavenging birds to break into. But the Yurok Tribe is bringing the California condor back! So the other scavenging birds will likely benefit from easier feeding due to the large condor's ability to tear into tough carcasses.

But most of the harbor seals I see on the beach seem fine. They like to rest where they won't be disturbed and a large group often hauls out at the Mad River mouth.

And in the spring, mothers will leave their newborn calves alone on the beach while they hunt, diving to deeper than 500 feet for more than a half hour at a time. And to produce the 50-percent-fat milk for her baby, the mother must hunt a lot — mainly for fish, but also for things like squid, octopus and crabs. They've also been documented preying on ducks.

So when you see a cute little seal on the beach that looks abandoned, don't worry. Mommy will be back if she's not eaten by a shark.

Speaking of sharks, our local lagoons are apparently relaxing places to not be eaten by them. I've seen harbor seals rest-



A harbor seal pops up at the North Jetty.

Photo by Mike Kelly

ing on large wood pieces in Stone Lagoon, and I sometimes see the tell-tale tracks of a harbor seal belly-crawling across the beach to and from the lagoons.

Harbor seals will also swim up rivers for miles inland to chase salmon and steel-head. I've seen them crawling up shallow riffles above the highway bridges on the Mad River to seek salmon holding in deeper pools. If you want a good show, try your luck from the Hammond Trail Bridge on an incoming tide in fall or winter, when salmon are headed upstream.

You may also have noticed curious young seals in the surf looking at you or your dog. I've also had them play with my fins while I was scuba diving. I've never had to brawl with one, though. Plus, they are protected by law. Under the Marine Mammal Protection Act, it is even unlawful to remove a dead seal's body parts.

But there is no Magic Elf Protection Act, so I decided to add Santa's skull to my collection. I put my knife against his throat and his eyes opened! They actually twinkled.

Santa said, "What are you doing, you dick?"

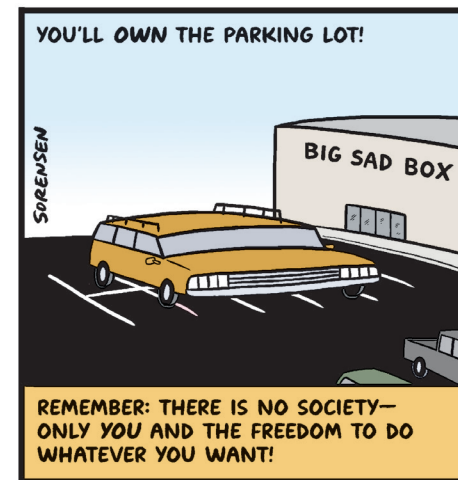
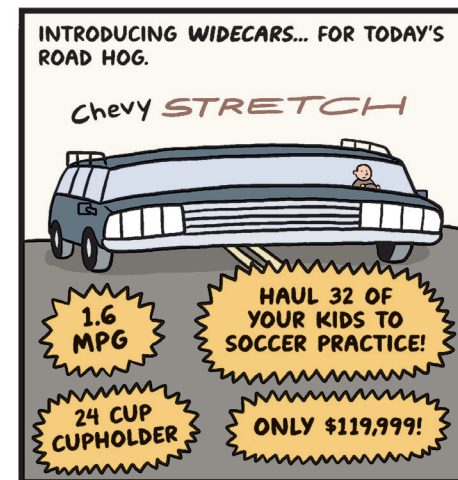
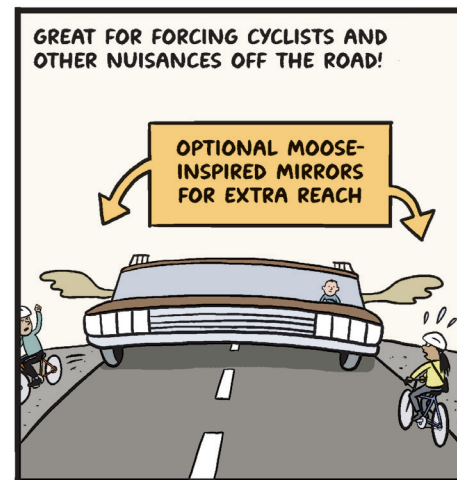
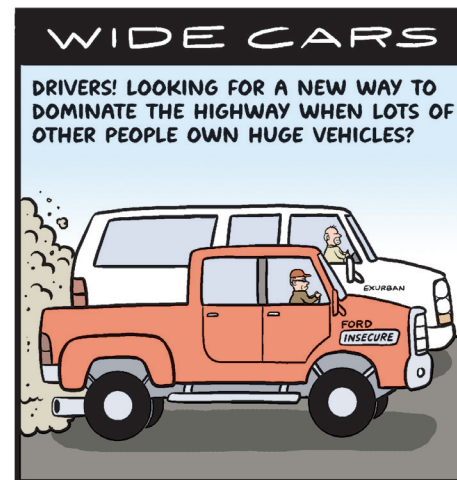
I said, "Oh, sorry Santa! Um, it seemed like you needed a tracheotomy ...?"

"Ho-ho-ho, idiot. I'm exhausted and just want to get some vitamin D before heading back to the darkness of the North Pole."

I said, "But you aren't done with your route yet, Santa. You didn't visit my house."

Santa spat and said, "Because you've been naughty, duh!" ●

Biologist Mike Kelly (he/him) writes science-based satire as M. Sid Kelly. It's available at Eureka Books or everywhere e-books are sold.



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opendoor
Community Health Centers

What Should I Know About COVID-19?

Two of a series of four

How are we stopping COVID-19?

There are several ways to prevent spread of COVID-19, but the best tools are vaccines. The US Government worked with the pharmaceutical companies to develop, manufacture, and quickly distribute vaccines across the country. There were no shortcuts in this process; the vaccines are safe and effective, based on years of research into similar virus types.

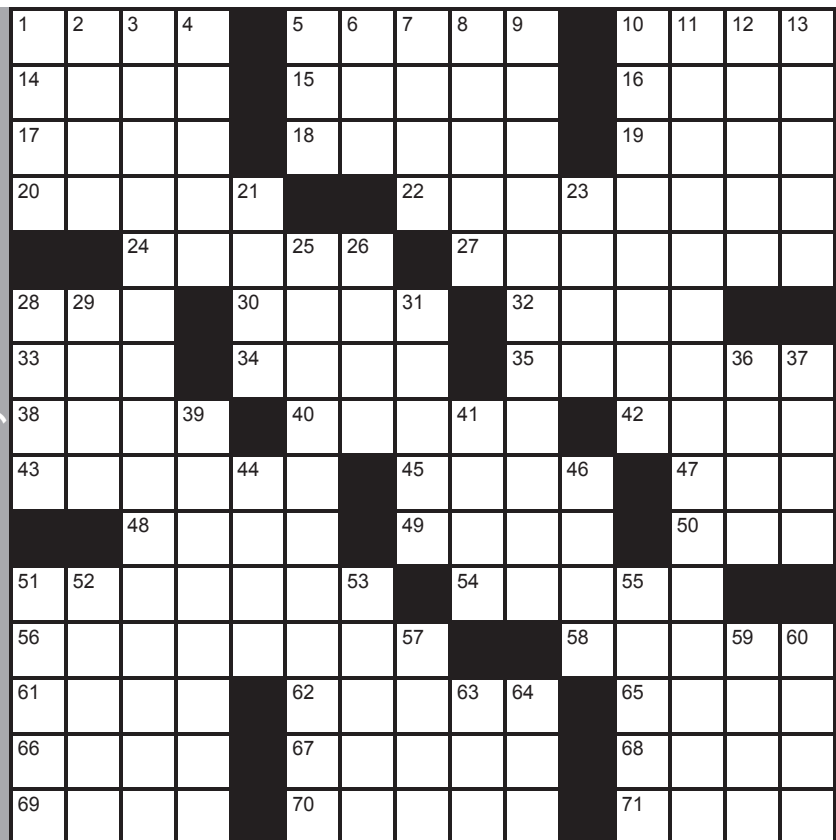
Why is there conflicting information about masks?

Before the pandemic, there was little real-world research into the effectiveness of masks. Last year we learned that wearing masks and social distancing really help prevent the spread of COVID-19, influenza, and other respiratory viruses.



Get vaccinated
Mask when needed
Talk to your care team

Make a vaccination appointment at your health center or learn more at opendoorhealth.com/covid-19



ON TOE

ANSWERS NEXT WEEK!

©2021 DAVID LEVINSON WILK

ACROSS

1. Toot your own horn
5. 1980s-2000s Texas senator Phil
10. Discoveries of Michael Faraday
14. Morrison who wrote "Love" and "Beloved"
15. Apt first name of Fleming's Goldfinger
16. "Doggone it!"
17. It may be topped with tempura
18. Gable's costar in "Gone With the Wind"
19. Ruination
20. Gut feeling
22. Jig, say
24. State flower of New Mexico
27. Wee bit
28. Inoculation location
30. Depression era wanderer
32. World of Warcraft

- spellcaster
33. Dairy farm sound
34. "Chocolat" actress Lena
35. Ipecac, e.g.
38. "That's my cue!"
40. Try to stop
42. King or queen, but not princess
43. Hoedown move
45. Apt name for a car mechanic?
47. Dove's sound
48. Classic moonroof alternative
49. Subj. for Janet Yellen
50. Some ESPN highlights, for short
51. Morphine and codeine, for two
54. 2003 #1 hit with the lyric "Shake it like a Polaroid picture"
56. Cost of a bag to feed the birds in the "Mary Poppins" song
58. Cutting-edge brand?

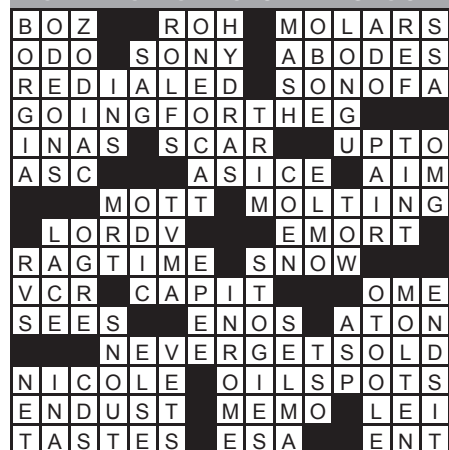
61. James played by Beyoncé in a 2008 biopic
62. Oklahoma city with a Golden Driller statue
65. Affliction for many a vet
66. Ridiculously funny person
67. Celebrations of lives, for short
68. Law enforcers, in slang
69. Model/actress Sastre
70. GPA booster
71. Polite reply to a schoolmarm

DOWN

1. A/C measures
2. Traveled by horseback
3. Sound of an unnamed person sneaking around?
4. Cutting-edge brand?

5. Gadot of "Wonder Woman"
6. Regret
7. Scorched
8. "Bad and Boujee" trio
9. Person who only raps about a podiatric concern?
10. Items that can open doors
11. Kids' game that uses carrots for X's and pumpkins for O's?
12. FDR veep John _____ Garner
13. 17th-century Dutch painter Jan
21. Cavern sound
23. Width of a cir.
25. Feeling when you put a sandal on in the winter?
26. "____ Baby" ("Hair" tune)
28. Surrounded by
29. QB-turned-commentator Tony
31. En pointe, in ballet ...
or how to describe 3-, 9-, 11- and 25-Down
36. Clothing brand since 1938
37. Co. captains?
39. Rain-on-the-roof sounds
41. Scratch the surface?
44. Shower love (on)
46. Cameo stone
51. "SNL" castmate of Shannon and Gasteyer
52. World leader who's a judo black belt
53. Subject of lessons at an island resort
55. Like some small dogs
57. Yale students
59. Recipe amts.
60. "Hamilton" Tony winner Leslie _____ Jr.
63. Pigpen
64. "Sex Education" actor Butterfield

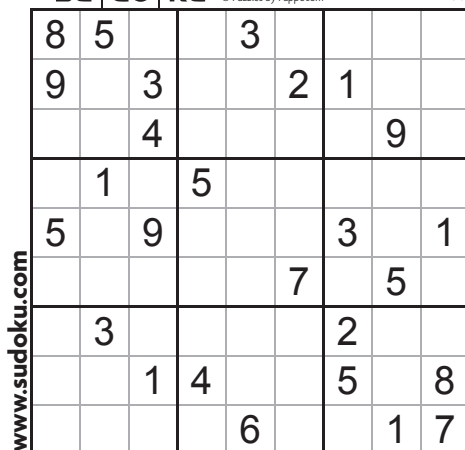
LAST WEEK'S ANSWERS TO NEVER GETS OLD



su | do | ku

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HARD #36



www.sudoku.com

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50 and Better

OLLI ONLINE CLASSES: Shelter in place but stay connected with OLLI. Get more information or register @HSUOLLI (O-1230)

Spiritual

DEATH DYING & BEYOND Jan 14-16th for more info www.hearthoftheheart.org 707-397-0018 (S-1216)

EVOLUTIONARY TAROT Ongoing Zoom classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com (S-1230)

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1/21/22 Call College of the Redwoods Community Education at (707) 476-4500. (V-1216)

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Call College of the Redwoods Community Education at (707) 476-4500. (V-1216)

INJECTIONS 1/5/22. Call College of the Redwoods Community Education at (707) 476-4500. (V-1216)

NOTARY 1/12/21 Call College of the Redwoods Community Education at (707)476-4500. (V-1216)

VENIPUNCTURE 1/6/22. Call College of the Redwoods Community Education at (707)476-4500. (V-1216)

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**NOTICE OF PETITION TO
ADMINISTER ESTATE
OF DEBRA MARIE
MALDONADO FONTAINE
CASE NO. PR2100341**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of DEBRA MARIE MALDONADO FONTAINE, DEBRA M. FONTAINE, DEBRA FONTAINE, AND DEBBIE FONTAINE
A PETITION FOR PROBATE has been filed by Petitioner BRIAR PARKINSON

In the Superior Court of California, County of Humboldt. The petition for probate requests that BRIAR PARKINSON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 13, 2021 at 1:31 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6, Room: 6

For information on how to appear remotely for your hearing, please visit <https://www.humboldt.courts.ca.gov/>

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for

Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:

Daniel E. Cooper
611 I Street, Suite A
Eureka, CA 95501
(707) 443-8011

Filed: December 10, 2021

SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT
12/16, 12/23, 12/30 (21-443)

**NOTICE OF PETITION TO
ADMINISTER ESTATE OF
JERRY E. LUNDSTROM
CASE NO. PR2100345**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of JERRY E. LUNDSTROM
A PETITION FOR PROBATE has been filed by Petitioner AMY LUNDSTROM

In the Superior Court of California, County of Humboldt. The petition for probate requests that AMY LUNDSTROM be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 13, 2021 at 1:31 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6

Effective Monday, May 18, 2020, Humboldt Superior Court will resume Probate calendars using remote video and phone conferencing. You have been served with a Notice of Petition to Administer Estate pursuant to which a court hearing has been scheduled. Due to the COVID-19 pandemic, if you wish to appear at the court hearing, you must do so remotely. Instructions to appear remotely are set forth on the Court's website: <https://www.humboldt.courts.ca.gov/>.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:

James D. Poovey
937 6th Street
Eureka, CA 95501
(707) 443-6744

Filed: December 13, 2021

SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On November 1st, 2021, Deputies from the Humboldt County Sheriff's Office seized property for forfeiture in connection with controlled substance violations, to wit, Section 11359 of the Health and Safety Code of California from South Gwin Road in McKinleyville, California. The seized property is described as: \$9,580.00 in US currency and Control Number 21-F-50 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

12/9, 12/16 (21-432)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21716 of the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by competitive bidding on the 18th day of December, 2021 at 11:30 am on the premises where the said property has been stored and which is located at Sutter Central Storage,

1649 Sutter Road, McKinleyville, CA county of Humboldt the following:

#13 Loren O'Connor
#79 Daniel Smith
#100 Michelle Gallaway
#250 Sean Christian
#288 Catherine Boone
#322 Anthony Horst
#381 Taylor Wright
#411 Jairo Chavez
#419 Dakota Weatherbee
#450 Dana Weist
#533 Maria Barrera-Lainez
#662 Jesse Berte
#732 Leya Phetsomphou
#738 Kourtney Zerback
#800 Kourtney Zerback
#828 Jacquelyn Bradley

Purchase must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 11:30 am on the day of the auction, no exceptions. All purchase items sold as-is, where is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453

12/9, 12/16 (21-433)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21717 of the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by the competitive bidding on the 18th day of December, 2021 at 10:00 am on the premises where the said property has been stored and which is located at Mad River Storage Center, 1400 Glendale Drive, McKinleyville, CA, county of Humboldt the following:

#63 Kayla Guest
#78 Sandi LeBlanc
#281 Sandi LeBlanc
#132 Alex Murphy
#168 Amelia Haggman
#252 Ryan Partee
#270 Bonnie Law
#273 Sarah Jones
#292 Christopher Stacy
#315 Christopher Stacy

Purchase must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 am on the day of the auction, no exceptions. All purchase items sold as-is, where-is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453

12/9, 12/16 (21-434)

LEGALS?
442-1400 x314

Linda Shreeve Patmore

November 26, 2021

Linda Shreeve Patmore passed away suddenly and unexpectedly on November 26, 2021. She is survived by her children Lori (Bob), Karen (Rick), and Neal, grandchildren Danielle and Emily, brother William (Dorothy), nieces Lessley, Helen, and Kirsten, her Costco family, and numerous friends. She was preceded in death by her beloved husband Joe, and her parents Betty and Lessley Shreeve.

A memorial service will be held December 18, 2021, at 2:00 p.m. at Goble's Mortuary in Fortuna, with a reception to follow at 3:00 p.m. at Our Savior's Lutheran Church in Ferndale.

If you are unable to attend the memorial service, please join us at the reception to share your memories of Linda. She will be very much missed by all who knew and loved her.



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Submit information via email to classified@northcoastjournal.com, or by mail or in person.

Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

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POLITICS, PEOPLE AND ART

310 F STREET, EUREKA, CA 95501
(707) 442-1400 • FAX (707) 442-1401

FICTITIOUS BUSINESS NAME
STATEMENT 21-00764

The following person is doing Business as
RECORD CONSULTING FORESTRY
Humboldt
2617 Boone St
Fortuna, CA 95540

Isaac S Record
2617 Boone St
Fortuna, CA 95540

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on November 24, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Isaac Record, Owner
This November 24, 2021
KELLY E. SANDERS
by kt, Humboldt County Clerk

12/9, 12/16, 12/23, 12/30 (21-436)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00724

The following person is doing Business as
COASTAL GARDENS AND LANDSCAPES
Humboldt
10330 West End Rd
Arcata, CA 95521

PO Box 5078
Arcata, CA 95518

John R Crawford
10330 West End Rd
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John R Crawford, Sole Proprietor
This November 08, 2021
KELLY E. SANDERS
by sc, Humboldt County Clerk

12/2, 12/9, 12/16, 12/23 (21-429)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00728

The following person is doing Business as
FRUITWOOD NURSERY
Humboldt
40312 Hwy 96
Orleans, CA 95556

PO Box 332

Orleans, CA 95556

Alex M Robbi
40312 Hwy 96
Orleans, CA 95556

Corrina L Cohen
40312 Hwy 96
Orleans, CA 95556

The business is conducted by a Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on August 1, 2017.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Alex M Robbi, Owner
This November 9, 2021
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/25, 12/2, 12/9, 12/16 (21-422)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00743

The following person is doing Business as
SUNNYBRAE LAUNDROMAT/ WESTWOOD LAUNDROMAT
Humboldt
2292 Sherri Ct
Arcata, CA 95521

Luna Tooling & Repair LLC
CA 202126011381
2292 Sherri Ct
Arcata, CA 95521

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on October 19, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Rogelio S Luna, Manager/ Member
This November 16, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/16, 12/23, 12/30, 1/6/2021 (21-440)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00777

The following person is doing Business as
CHEWY'S PET CARE
Humboldt
626 9th Street
Eureka, CA 95501

Jessie L Molyneaux
626 9th Street
Eureka, CA 95501

The business is conducted by an

Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on January 1, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jessie Molyneaux, Sole Proprietor
This December 6, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/16, 12/23, 12/30, 1/6/2021 (21-439)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00748

FICTITIOUS BUSINESS NAME
STATEMENT 21-00748
The following person is doing Business as
ESTEVEZ ELECTRICAL SERVICES
Humboldt
2315 Williams St
Eureka, CA 95501

Heriberto B Estevez-Silva
2315 Williams St
Eureka, CA 95501

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on November 2, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Heriberto B Estevez-Silva
This November 16, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/16, 12/23, 12/30, 1/6/2021 (21-444)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00783

The following person is doing Business as
EUREKA MAIN STREET
Humboldt
525 2nd Street, Suite 105
Eureka, CA 95501

Eureka Business Improvement District Association
CA C1146310
525 2nd Street, Suite 105
Eureka, CA 95501

The business is conducted by an Unincorporated Assoc. Other Than a Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on September 16, 1997.
I declare that all information in this statement is true and correct.
A registrant who declares as true

any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amanda Kruschke, Economic Development Coordinator/Eureka Main Street Program Manager
This December 7, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/16, 12/23, 12/30, 1/6/2021 (21-438)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00759

The following person is doing Business as
DIVINE DOWSING
Humboldt
345 Lupin Dr
Arcata, CA 95521

Laura A Moore
345 Lupin Dr
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Laura A Moore, Sole Proprietor
This November 22, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/2, 12/9, 12/16, 12/23 (21-426)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00781

The following person is doing Business as
MARKET MINDERS
Humboldt
3861 D Street
Eureka, CA 95503

Sara K Hines
3861 D Street
Eureka, CA 95503

Deborah L Harmon
5857 Walnut Drive
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on November 5, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Sarah K Hines, Treasurer

This December 7, 2021
KELLY E. SANDERS
by sc, Humboldt County Clerk

12/16, 12/23, 12/30, 1/6/2021 (21-437)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00763

The following person is doing Business as
Bloom From Within Wellness
Humboldt
14599 West End Road
Arcata, CA 95521

Pamela N Lee
14599 West End Road
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on November 22, 2021.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Pamela N Lee, Owner
This November 24, 2021
KELLY E. SANDERS
by jc, Humboldt County Clerk

12/2, 12/9, 12/16, 12/23 (21-427)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00766

The following person is doing Business as
RABBIT HOLE WORKSHOP
Humboldt
2109 Old Arcata Rd
Bayside, CA 95524

Casey M Barton
2109 Old Arcata Rd
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Casey Barton, Founder
This November 29, 2021
KELLY E. SANDERS
by kt, Humboldt County Clerk

12/2, 12/9, 12/16, 12/23 (21-430)

FICTITIOUS BUSINESS NAME
STATEMENT 21-00733

The following person is doing Business as
LOVE LACE
Humboldt
1629 Chanterelle Drive, Unit B
McKinleyville, CA 95519

Cassidy S Sisk
78A Langlois Lane
Eureka, CA 95503

Utopia A DesRocher
1629 Chanterelle Drive, Unit B
McKinleyville, CA 95519

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable.
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cassidy Sisk, Owner
This December 12, 2021
KELLY E. SANDERS
by sc, Humboldt County Clerk

12/9, 12/16, 12/23, 12/30 (21-431)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2101665 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
JESSE GRAY
for a decree changing names as follows:
Present name
LEROY MAURICE KING
to Proposed Name
LEROY MAURICE GRAY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: January 7, 2022
Time: 1:45 p.m., Dept. 4
For information on how to appear remotely for your hearing, please visit https://www.humboldt.courts.ca.gov/
Date: November 18, 2021
Filed: November 19, 2021
/s/ Kelly L. Neel
Judge of the Superior Court

12/9, 12/16, 12/23, 12/30 (21-435)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2101722 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
ANNA FRARY VILLAGOMEZ

for a decree changing names as follows:

Present name
ANNA FRARY VILLAGOMEZ
to Proposed Name
ANNA NICHOLS FRARY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: January 21, 2022

Time: 1:45 p.m., Dept. 4

For information on how to appear remotely for your hearing, please visit <https://www.humboldt.courts.ca.gov/>

Date: December 3, 2021

Filed: December 3, 2021

/s/ Kelly L. Neel

Judge of the Superior Court

12/16, 12/23, 12/30, 1/6 (21-441)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2101634 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:

ALEXANDRIA KORETSKY
for a decree changing names as follows:

Present name
ALEXANDRIA KORETSKY
to Proposed Name
ALEXANDRIA MONIQUE MONNEY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: January 7, 2022

Time: 1:45 p.m., Dept. 4

The address of the court is same as noted above

For information on how to appear remotely for your hearing, please visit <https://www.humboldt.courts.ca.gov/>

Date: November 15, 2021

Filed: November 16, 2021

/s/ Kelly L. Neel

Judge of the Superior Court

11/25, 12/2, 12/9, 12/16 (21-423)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2101604 SUPERIOR COURT OF CALIFORNIA,

COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
JACQUELINE ANN EDWARDS
for a decree changing names as follows:

Present name
JACQUELINE ANN EDWARDS
to Proposed Name
VICTORIA OLYMPIA WOLF
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: January 7, 2022

Time: 1:45 p.m., Dept. 4

The address of the court is same as noted above

For information on how to appear remotely for your hearing, please visit <https://www.humboldt.courts.ca.gov/>

Date: November 12, 2021

Filed: November 15, 2021

/s/ Kelly L. Neel

Judge of the Superior Court

11/25, 12/2, 12/9, 12/16 (21-421)

Opportunities

ESSENTIAL CAREGIVERS

Needed to help Elderly
Visiting Angels
707-442-8001



BUS DRIVER TRAINEE

Operates bus or other passenger vehicle through set routes; sells tickets, collects money, provides scheduling & fare information, responds to customer inquiries & complaints.
<https://www.cityofarcata.org/>

The North Coast Journal is seeking ROUTE DELIVERY DRIVER



Wednesday afternoon/
Thursday morning
routes in
Willow Creek

Must be personable, have a reliable vehicle, clean driving record and insurance. News box repair skills a plus.

Send email with qualifications to tracy@northcoastjournal.com or call (707) 442-1400 ext. 9 and leave a message with your contact information for the Distribution Department.

CAREGIVERS NEEDED NOW! Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with special needs. Receive ongoing training and support and a monthly stipend of \$1200-\$4000+ a month. Call Sharon for more information at 707-442-4500 ext 205 or visit www.mentorswanted.com to learn more.



Redwood Community Action Agency is hiring!

ADMINISTRATION DIVISION

- **Administrative Services Assistant**
\$18/hr. F/T 37.5 hrs. weekly

ADULT & FAMILY SERVICES DIVISION

- **Family Case Worker**
F/T \$18/hr.

COMMUNITY SERVICES DIVISION

- **Program Coordinator for Financial Literacy Project**
\$18/hr. F/T 32 hrs. weekly

YOUTH SERVICE BUREAU DIVISION

- **Program Coordinator for the RAVEN Youth Street Outreach Project**
F/T \$18.50 - \$20/hr. DOE

All fulltime positions have complete benefit packages. Go to www.rcaa.org for complete job descriptions & required job application. Positions are open until filled. RCAA is an EOE

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whatsgood](http://northcoastjournal.com/whatsgood)

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OUR MISSION

Changing Tides Family Services increases the health and success of children, youth, families, and individuals

Mental Health Support Specialist

Multiple positions, Part-time, \$19.30/hr.

Program Supervisor II

Full-time, \$22.32/hr.

Open until filled

COVID-19 Vaccine Required

Job description and list of qualifications available at www.changingtidesfs.org

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(707) 444-8293

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City of Arcata Project and Grant Manager

\$64,915.51 - \$78,905.18/yr.

4% Salary increases in 2022 and 2023

Apply before Monday, December 20th to be included in the first round of application reviews.

The City's Engineering Department has created a new position with the primary responsibilities to involve managing and directing activities of one or more complex capital improvement or public works construction projects; and grant seeking and administration activities. Visit: <https://www.governmentjobs.com/careers/arcataca>



K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

PATIENT BENEFITS COORDINATOR – FT/REGULAR (\$18.50-22.50 PER HOUR)

SOBER LIVING CASE MANAGER – FT/REGULAR (\$20.40 PER HOUR)

DENTAL HYGIENIST – FT/REGULAR (\$39.00-43.00 DOE)

BILLING SUPERVISOR – FT/REGULAR

ACCOUNTANT – FT/REGULAR

COMMUNITY HEALTH REPRESENTATIVE – FT/REGULAR

HEALTH INFORMATION DIRECTOR – FT/REGULAR

PATIENT BENEFITS CLERK – FT/REGULAR

PHYSICIAN – FT/REGULAR

CERTIFIED MEDICAL ASSISTANT – FT/REGULAR

LAB TECHNOLOGIST – FT/REGULAR

CERTIFIED DATA ENTRY CODER TECHNICIAN – FT/REGULAR

MEDICAL DIRECTOR – FT/REGULAR

MENTAL HEALTH CLINICIAN – FT/REGULAR

CARE MANAGER (RN OR LVN) – FT/REGULAR

PATIENT ACCOUNTS CLERK I – FT/REGULAR

PHARMACY TECHNICIAN – ON-CALL

COALITION COORDINATOR – FT/REGULAR

MAT RN CARE MANAGER – FT/REGULAR

HUMAN RESOURCES DIRECTOR – FT/REGULAR

All positions above are open until filled unless otherwise stated.

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: **apply@kimaw.org** for a job description and application. You can also check our website listings for details at **kimaw.org**. Resume and CV are not accepted without a signed application.



Northcoast Children's Services

CENTER DIRECTORS, Arcata

Overall management of Head Start & Partnership programs. AA/BA in Child Development or related field preferred. Must meet req. for Site Supervisor permit. 3 Infant Toddler units req. F/T 40 hrs./wk. M-Fri. \$20.00-\$22.05/hr. **Open Until Filled**

CENTER DIRECTORS, Eureka, McKinleyville

Overall management of a Head Start center base program. Must meet Teacher Level on Child Development Permit Matrix, plus 3 units in Administration (AA req. BA/BS Degree in Child Development or a related field preferred). Req. a min. of 2 yrs. exp. working w/ preschool children in a group setting. F/T 40 hrs./wk. Mon-Fri (8am-4:30pm); \$20.00-\$22.05/hr. **Open Until Filled**.

ASSOCIATE TEACHERS, Redway, Orleans, Willow Creek

Assists teacher in the implementation & supervision of activities for preschool children. Req. a min. of 12 ECE units—including core classes—and at least 1-yr. exp. working w/ children. Redway: F/T 32 hrs./wk. Orleans: F/T 32 hrs./wk. Willow Creek: F/T 34 hrs./wk. \$17.00-\$17.85/hr. **Open Until Filled**.

TEACHERS, Eureka (Temp), Arcata

Responsible for development & implementation of classroom activities for toddler age children. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), meet Associate Teacher Level on the Child Development Permit Matrix, and have 1-yr. exp. teaching in a toddler setting. P/T positions, 28 hrs./wk. M-F \$17.50-\$19.30/hr. **Open Until Filled**.

TEAM TEACHER, Arcata

Responsible for the development & implementation of classroom activities for toddler age children. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), meet Associate Teacher level on Child Development Permit Matrix, and have 1-yr. exp. teaching in a toddler setting. F/T 37.5 hrs./wk. M-F. \$17.75-\$18.64/hr. **Open Until Filled**.

ASSISTANT TEACHERS, McKinleyville, Blue Lake, Arcata, Eureka Fortuna

Assist teacher in the implementation & supervision of activities for preschool age children. Min. of 6-12 ECE units preferred, not required, & 6 months' exp. working w/ children. P/T 25 hrs./wk. M-Fri \$15.00-\$16.54/hr. **Open Until Filled**.

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application

please call 707-822-7206 or visit our website at

www.ncsheadstart.org



NOW HIRING!

Southern Trinity Health Service is taking applications for the open positions at the

Weaverville Location

Front Desk Receptionist

Dental Assistant

Dental Support Manager

We are seeking a self-motivated, quick learning, and career-minded individual seeking long-term employment.

Please send resume to **hr@sthclinic.org** or call (707) 764-5617 ext. 211.



COMMUNITY SERVICES COORDINATOR

\$3,080 – \$3,745/MO

Plus Excellent Benefits

****Salary for this position will increase to \$3,174 - \$3,858 in 2022 with a 5% increase in 2023 and again in 2024.**

Under general supervision, plans, organizes, coordinates, and provides direction and oversight for a community services program; coordinates programs which include youth sports, adult sports, summer programs, special interest classes, special events, and other related community activities; performs a variety of administrative functions in support of assigned programs and performs related work as necessary.

Requirements include equivalent to 12th grade plus college-level coursework in recreation, early childhood education and 3 years work experience in community services including 1 year of supervisory experience. For more information and to apply online, go to **www.ci.eureka.ca.gov**

Application deadline is 5:00pm on Monday, December 27th. EOE



Hiring?

Post your job opportunities in the **Journal**.

442-1400 x314

northcoastjournal.com



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Sergeant

Hoopa Tribal Police Department, Regular, F/T, Salary: \$34.13/hr. Under general supervision of the Chief of Police or his authorized designee shall perform a wide variety of peace officer duties. **Minimum Qualifications:** Must have three (3) years of related experience and/or training. Must possess a valid P.O.S.T Law Enforcement Academy or Indian Police Academy Certificate. Additional requirements are listed in the job description. Valid CA Driver's License and insurable. **DEADLINE: Open Until Filled**

Police Officer

Hoopa Tribal Police Department, Regular, F/T, Salary: \$26.91/hr. Performs a wide variety of peace officer duties. **Minimum Qualifications:** Must possess a Basic Academy Certificate from a California P.O.S.T. approved academy. Additional requirements are listed in the job description. Must have a California Driver's license and be insurable. Must successfully pass a Title 30A Employment Background and a California Police Officer Standards and Training (P.O.S.T.) background checks. **DEADLINE: Open Until Filled**

These positions are classified safety-sensitive.

For job descriptions & employment applications, contact the Human Resource Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 23 or email l.offins@hoopainsurance.com or hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



Vynca
Advance Care Planning
ResolutionCare

Care Coordinator (Full Time)

ResolutionCare | A Vynca Company, is a fast-paced, entrepreneurial environment ideal for candidates passionate about transforming the lives of individuals with serious illness. We are actively looking for an experienced Care Coordinator who is compassionate, detail-oriented and has excellent phone, communication, computer, and organizational skills to support our clinical team.

The ideal candidate has experience in a medical office or a closely related field. MA or CNA preferred but not required. Great for a person who enjoys multitasking, working quickly, and thrives in a team setting. This is a full time (40 hours per week), permanent position with an excellent benefit package.

To apply, please review our website www.resolutioncare.com and then send a cover letter and resume by e-mail to info@resolutioncare.com or fax it to (707) 440-8100. Open until filled. Salary competitive and commensurate with experience.



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www.sequoiapersonnel.com



JOB POSTING Clinical Laboratory Scientist

Located in the heart of the magnificent coastal redwoods of Northern California, The Northern California Community Blood Bank is a nonprofit blood bank serving Humboldt and Del Norte Counties. The Northern California Community Blood Bank has an immediate opening for a Clinical Laboratory Scientist. Both part-time and full-time, fully benefited positions are available. Hiring and Relocation Bonus potential.

The Northern California Community Blood Bank offers a low-stress environment, excellent work-life balance, and the opportunity to advance your professional development while working for an employer with a vibrant community relationship.

The Clinical Laboratory Scientist is responsible for activities related to processing, testing, storage, transportation, and other handling of blood and blood products. The Clinical Laboratory Scientist performs reference immunohematological testing and participates in training, validation, implementation of new procedures, and compliance with regulatory and standard-setting agencies.

EXPERIENCE, EDUCATION AND LICENSURE:

- Four-year degree from an accredited college or university in science, medical technology or a related field.
- Valid current CA license as a Clinical Laboratory Scientist.
- Experience preferred, but will train a motivated new CLS.

To apply, contact: Jo Anna Ow
jow@nccbb.org 707-443-8004



**Northcoast
Children's
Services**

INTERPRETER, Eureka

Assist in interpreting in class, at parent meetings & on home visits for children & families. Bilingual Spanish required. Must have 6 months' exp. working w/ children & families. Prefer 6-12 units in Early Childhood Education. P/T 16 hrs./wk. (8:30am-12:30 M-Thursday) \$15.00/hr.

Open Until Filled.

HOUSEKEEPERS, Eureka, McKinleyville

Perform duties required to keep site clean, sanitized & orderly. Must have exp. & knowledge of basic tools & methods utilized in custodial work & have the ability to learn & follow health & safety requirements. Arcata: P/T 5 hrs./wk. Eureka, P/T 16 hrs./wk. McKinleyville, P/T 9 hrs./wk. \$15.00/hr. Late afternoon/evening hours, flexible.

Open Until Filled.

Submit applications to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application
please call 707-822-7206 or visit our website at
www.ncsheadstart.org

THE CITY OF
EUREKA
COMMUNITY SERVICES

COMMUNITY SERVICES MEDIA COORDINATOR - RPT

\$17.77 - \$21.60 Hourly
Plus Excellent Benefits

****Salary for this position will increase to \$18.31 - \$22.26 hourly in 2022 with a 5% increase in 2023 and again in 2024. This vacancy is for a Regular Part-Time position (70% FTE).**

Under general supervision, plans, organizes, coordinates, and provides direction and oversight for the community services media program. Also performs a variety of administrative functions in support of media programs and performs related work as required. The nature of the work performed requires an employee in this class to establish and maintain effective working relationships with all others contacted in the course of work. Requirements include equivalent to 12th grade plus college-level coursework in communications/media or related field and 3 years work experience in media including 1 year of supervisory experience. For more information and to apply online, go to www.ci.eureka.ca.gov

Application deadline is 5:00pm on Monday, December 27, 2021. EOE



Vynca
Advance Care Planning
ResolutionCare

Full-time RN position

Vynca is a fast-paced, fun entrepreneurial environment incredibly passionate about transforming end-of-life care. With the integration of ResolutionCare services, we are actively looking for registered nurses to provide patient-centered, home-based care for individuals with specialty palliative care needs via telemedicine with the support of an interdisciplinary team.

The ideal candidate has clinical case management experience in hospice or palliative care or a closely related field and effective communication, technology, and time management skills. This is a full time (40 hours per week), permanent position with an excellent benefit package. California licensure is required.

To apply, please review our website www.resolutioncare.com and then send a cover letter and resume by e-mail to info@resolutioncare.com or fax it to (707) 440-8100. Open until filled. Salary competitive and commensurate with experience.

Westhaven Community Services District, Trinidad, CA

WATER TREATMENT AND DISTRIBUTION OPERATOR

Requires CA Grade 2 Water Treatment and Grade 1 Distribution Operator Certificates or will obtain certification within 1.5 years of hire. Part-time 18-26 hours a week position Works 3-4 days including some holidays and responds to emergencies off hours as needed. \$18-22 hour DOE, modest IRA contribution. 21 planned time off days and 12 sick days annually.

Full position description and application details available from prosenblatt.wcsd@suddenlinkmail.com.

Submit resume, copies of Operator Certificates, 2 current letters of reference and cover letter (responding to full position description) as single combined pdf to indicated email address by **January 4th 2022**.

POSITION TO BE FILLED BY JANUARY 18th 2022.



Humboldt Senior Resource Center

We're Hiring!

Are you motivated by meaningful experiences? Do you have a heart for service? Our current openings include:

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CarePartners (Care Aides)

Food Service Aides

Nutrition & Activities Supervisor

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Northcoast Children's Services

Do you love being with children?

Do you enjoy supporting children learn and grow?

Are you looking for a meaningful profession?

Do you want a job that has evenings and weekends off?

Would you love to find a job with a Hiring Incentive?

Northcoast Children's Services may be what you're looking for!

Northcoast Children's Services provides early education and family support services to children and families from pregnancy to age 5. We offer home visiting services, infant toddler and preschool centers in a variety of locations in Humboldt and Del Norte counties.

We have a variety of full and part time positions working with children and families. We offer paid vacation, sick leave and holidays to all employees and an additional health insurance/cash benefit/dependent care option to full time employees. All employees may also obtain assistance with education and child development permits.

We are currently looking for people to join our team as housekeepers, cooks, teachers, assistant teachers, center directors and home visitors.

New Hire Incentives are currently available to both full and part time employees. Full time employees who work 30 or more hours will receive an incentive of \$750. Part time employees, who work less than 30 hours will receive a \$500 incentive. Incentives are paid after 90 days of employment.

Please visit our website or Facebook page for more information on how to join our growing team! <https://ncsheadstart.org/employment-opportunities/>

Submit applications to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application call 707-822-7206 or visit our website at www.ncsheadstart.org



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CITY OF FORTUNA RECREATION PROGRAM LEADER

\$14.00 - \$16.37 PER HOUR, PART TIME.

Under the general supervision of a Recreation Program Supervisor and River Lodge Conference Center Manager, to plan, direct, and conduct an assigned recreation program for the City's Parks and Recreation Department; to perform a variety of assignments for the City's Parks and Recreation Department and River Lodge Conference Center; and to do related work as required.

Complete job description and required application available at friendlyfortuna.com or City of Fortuna, 621 11th Street, 725-7600.

Application Deadline:

Continuous Recruitment



NOW HIRING!

Southern Trinity Health Service is taking applications for the open positions at the

Scotia Location

Front Desk Receptionist

Medical Assistant

Dental Assistant

RN/LVN

We are seeking a self-motivated, quick learning, and career-minded individual seeking long-term employment.

Please send resume to hr@sthclinic.org or call (707) 764-5617 ext. 211.

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Customer Service Manager
Kitchen Supervisor
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Line Cook II
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Restaurant Supervisor

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Player Development Host

OPERATIONS

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Visit www.redwoodcoastrc.org
for more info & required docs. **EOE**



City of Arcata
**ENVIRONMENTAL
PROGRAMS MANAGER**

\$64,915.51-\$78,904.18/yr.**4% Salary increases in 2022 and 2023**

Apply by 4pm January 5, 2022. The City of Arcata is looking for a knowledgeable and ambitious leader to join our Environmental Services division. This dynamic position will support the City in maintaining its pledge to environmental sustainability, through professional and technical duties related to City infrastructure, environmental planning projects, programs, and activities encompassing all aspects of resource management and protection.

Visit www.governmentjobs.com/careers/arcataca
or www.cityofarcata.org for application materials
or contact Arcata City Manager's Office,
736 F Street, Arcata, (707) 822-5953. **EOE.**

**NOW HIRING!**

Southern Trinity Health Service is taking
applications for the open positions at the

Mad River Location

Medical Assistant

General Dentist

We are seeking a self-motivated, quick
learning, and career-minded individual
seeking long-term employment.

Please send resume to hr@sthscclinic.org
or call (707) 764-5617 ext. 211.

Miscellaneous

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(530) 629-3006.



City of Arcata
**MAINTENANCE
CREW LEADER**

\$47,261.76 - \$58,883.13**4% Salary increases in 2022 and 2023**

Apply by 4pm December 30th. The City is seeking a skilled and experienced maintenance worker to lead our Streets Crew in the construction, maintenance, repair, installation and monitoring of City streets and utilities systems and infrastructure. The successful applicant will maintain effective and cooperative working relationships with staff, departments, outside agencies, and the general public.

Visit: <https://www.governmentjobs.com/careers/arcataca> or www.cityofarcata.org for application materials or contact Arcata City Manager's Office,
736 F Street, Arcata, (707) 822-5953. **EOE.**

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\$380,000

790 Ireland St Rio Dell

Plenty of Potential- Covered porch, open floor plan, living and family rooms, 3 bed, 2 bath, approx. 1400 sq. ft., laundry room, 2 car garage, detached shop, 2 parcels, approx. 1 acre, Located in Rio Dell. **MLS # 259969**

Call Broker Owner Jeremy Stanfield at Landmark Real Estate (707) 725-2852

FEATURED LISTING



LIC# 01339550

ARCATA

DO YOU LIKE BEACHCOMBING? FISHING? BIRDWATCHING? This small 3 bedroom beach cottage might be for you! Located in tiny Tyee City near Arcata on the banks of the Mad River, this property is close to the boat launch ramp and just under 1/2 mile to the Mad River parking lot. The home needs some work, but has a new wood stove and some newer laminate flooring. Easy to show! Call today! \$255,000 MLS#259906



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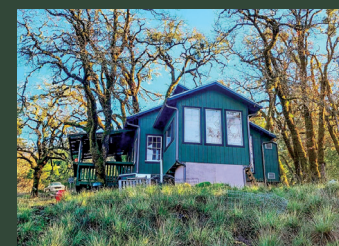


WILLOW CREEK – HOME ON ACREAGE - \$1,350,000

Beautiful riverfront estate on over 4 acres just minutes from Willow Creek! Property boasts a 3/3 3,650 sq. ft. main residence, large in ground pool complete with outdoor kitchen and pool house featuring a full bathroom and kitchenette area, separate barn with a 1/1 apartment above and so much more!

SALMON CREEK – HOME ON ACREAGE - \$390,000

±35 Acres in the Salmon Creek area with a very nice cabin, new 1,600 sq. ft. outbuilding, 2 ponds, additional water storage, flats, and fiberglass greenhouse!



GREENWOOD HEIGHTS – LAND/PROPERTY - \$329,000

±10 Private acres located in the highly sought-after Greenwood Heights area! Ready for your dream home with privacy, building site, road, spring, and small creek!

BRIDGEVILLE – CULTIVATION PROPERTY - \$399,000

±40 Acres with STAMPED County & State permits for 9,948 sq. ft. of O.D. space utilizing light deprivation and 1,400 sq. ft. of full sun outdoor cultivation space. Parcel features developed greenhouse sites, well, and views.



MANILA – LAND/PROPERTY - \$280,000

Undeveloped beachfront property adjacent to public coastal dunes and beach. Gated road access. Power runs through a portion of the property. Manila Community Services District water and sewer available. Owner may carry!

TRINITY LAKE – LAND/PROPERTY - \$235,000

Two parcels totaling ±100 acres overlooking beautiful Trinity Lake! Great timber investment or vacation spot with well and building site in place!



MAD RIVER – LAND/PROPERTY - \$325,000

±41.5 Acres with Mad River frontage just minutes from Ruth Lake! Ready for your dream home with numerous flats and ample water!

WILLOW CREEK – LAND/PROPERTY - \$80,000

±1.79 Acre lot in a desirable area in Willow Creek! Surrounded by trees, with sloping terraces of land, the possibilities are endless. Community water/ no septic and close to USFS land.



CRESCENT CITY – HOMESTEAD – \$695,000

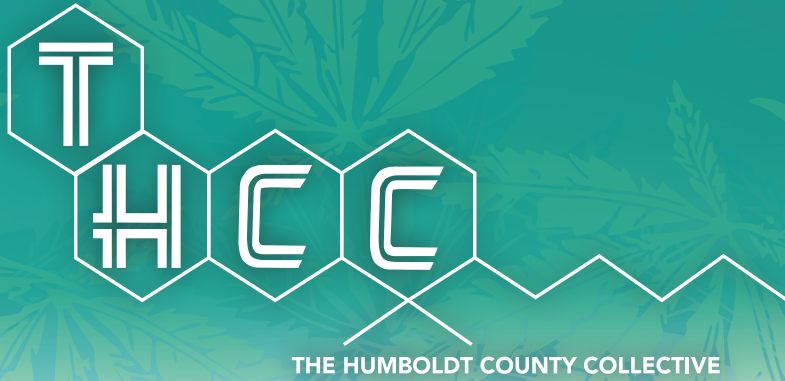
Gorgeous and historic ±38 acre homestead ranch nestled between the Siskiyou Wildness and Smith River National Recreation Area! Property is mostly flat fenced and cross-fenced grazing land, has a large barn, vegetable garden, with a 2/1 rustic home that is fully off-grid and features solar power and abundant water from a private spring.

ARCATA – MANUFACTURED HOME – \$80,000

Charming and clean single wide trailer in the classy Valley West Mobile Estates. Lots of love has gone into this home recently, including new paint (interior and exterior), new water resistant floors, dual pane windows, and a fully fenced yard for pets. Only minutes from Hwy 101!



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